

Self-directed learning package: Introductory nurses quiz

	<i>True</i>	<i>False</i>	<i>Don't Know</i>
Section 1			
1 With a palliative approach, the focus is on managing symptoms and increasing quality-of-life rather than curing illness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 A palliative approach discourages discussion about death and dying as it may upset the resident.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 A resident completes a written Advance Directive. This is considered a legal document.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 Shortness of breath is the same thing as dyspnoea.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 It is a good idea to ask a resident to rate his shortness of breath by asking him to count how many breaths he takes a minute.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 A resident is always short of breath on exertion. You should administer a PRN dose of morphine mixture after she has a shower and is recovering on her bed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Section 2			
7 Family members have the right to determine if a resident should attend a palliative care case conference on the grounds that 'it will only upset him/her'.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 Regardless of the language a resident speaks or where they were born their care needs are the same when they are dying.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 If a competent resident tells you they have pain, is it good practice to ask how severe it is on a scale of 0 to 10.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 Facial expressions and vocalisations can indicate if a resident is experiencing pain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11 A resident was taking an average of 30mg of oral morphine every 24hrs. Now that he cannot swallow the GP has changed the order to morphine 30mg/24hrs via a subcutaneous infusion pump. This is an appropriate order.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 Every resident who cannot eat or drink should be fed through a tube (e.g. PEG gastrostomy).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13 Pineapple juice on a mouth swab is an effective way of treating a dry but otherwise clean mouth for residents who cannot swallow anymore.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14 A resident has not responded to environmental or nursing interventions for her delirium. A benzodiazepine would be the most appropriate drug to control hallucinations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15 A combination of changes in breathing patterns, decreased consciousness and irreversible weight loss may be signs of approaching death.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>