



Educational Videos

Title	Focus and Key Features
See, Say, Do, Write and Review: Five Key Actions for Careworkers to Support Residents	This 13 minute video demonstrates the five actions in the PA Toolkit 'see, say, do, write and review' model. It uses dyspnoea experienced by a resident to illustrate how careworkers can support the best possible clinical care of residents within their scope of practice.
Being Part of the Care Process: How Careworkers Support a Palliative Approach in Residential Aged Care	This 13 minute video highlights the careworker's role in each of the three key processes featured in the PA Toolkit. The three processes are advance care planning, palliative care case conferences, and use of an end of life (terminal) care pathway.
Taking Care of Yourself Matters: An Introduction to Self-Care for Careworkers in Residential Aged Care	This 12 minute video reinforces for careworkers that the experience of loss and grief due to a resident's death is a normal reaction, and offers some practical tips about self-care.
Cultural Considerations: Some Tips for Careworkers in Residential Aged Care	This 10 minute video highlights the importance of recognising and responding to the cultural needs of residents and their families.

Suggestions for Use in Staff Education and Training¹

- The videos can be readily:
 - Incorporated into orientation programs for new staff.
 - Incorporated into continuing professional development activities for existing staff.
 - Adapted to a broad range of self-directed and facilitated learning activities (e.g. shown during handover/in-service training).
- A series of one page fact sheets act as companion resources to the four videos. The fact sheets introduce careworkers to key aspects of clinical care and outline their scope of practice.

See, Say, Do, Write and Review:	Fact Sheet 1: Pain Fact Sheet 2: Dyspnoea Fact Sheet 3: Nutrition and Hydration Fact Sheet 4: Oral (Mouth) Care Fact Sheet 5: Delirium
Being Part of the Care Process:	Fact Sheet 6: What is a Palliative Approach? Fact Sheet 7: Using the Three Key Processes Fact Sheet 8: Advance Care Planning Fact Sheet 9: Palliative Care Case Conferences Fact Sheet 10: End of Life (Terminal) Care Pathways Fact Sheet 11: Understanding the Dying Process Fact Sheet 12: Talking with Families
Taking Care of Yourself Matters:	Fact Sheet 13: Self-Care for Careworkers
Cultural Considerations:	Fact Sheet 14: Cultural Considerations: Some Tips for Careworkers

¹ Refer to the PA Toolkit Training Support Guide for detailed information about how to develop a staff education and training strategy to support the implementation of a facility-wide palliative approach to care in residential aged care settings.