

## IN ACTION

### How CareSearch and palliAGED can help counsellors with palliative care – published in the March newsletter of the Australian Counselling Association (ACA)

Susan Gravier (CareSearch) explains how CareSearch and palliAGED can help counsellors with palliative care.

Not always a specialised role for counsellors, the growing demand for palliative care means that counsellors are increasingly likely to see clients with palliative care needs.

A life-limiting illness provokes many choices and decisions about care. To help with these sometimes-difficult choices and decisions, CareSearch and palliAGED present trustworthy information and resources in easy-to-understand language. CareSearch provides evidence-based palliative care information across the lifespan and across the health system; palliAGED provides that information for the aged care sector.

Useful information, tools and resources can be found in the newly-refreshed [Allied Health section](#). The [new navigation feature](#) helps those who are not familiar with CareSearch to quickly find relevant information.

CareSearch and palliAGED host information and resources for counsellors to offer to people in their care. The [My Information Kit](#) allows you to select factsheets to print out for your clients or their carers.

Keeping up to date with research can be time-consuming. CareSearch can help with PubMed searches on multiple topics and sections dedicated to [Searching for Evidence](#) and [Using Evidence in Practice](#).

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