## Preparing and Giving a Subcutaneous Injection Competency Checklist

<table>
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<tr>
<th>Name:</th>
<th>Carer Competent</th>
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1. Understands why it is necessary to wash and dry hands.   

2. Is able to assemble equipment into a clean container.  

3. Is able to attach a needle to a syringe.  

4. Is able to open plastic and glass ampoules.  

5. Is able to draw up the correct amount of appropriate medication(s) from an ampoule into a syringe and label it correctly.  

6. Is able to give an injection into the cannula by either:  
   - Using a no needle technique, or  
   - Using a blunt needle technique.  

7. Understands how to check the injection site for redness, tenderness, swelling or leakage.  

8. Is able to record accurately the medication that was given.  

9. Is able to safely store and safely dispose of any unused medications.  

10. Has the contact number of the nursing service/doctor.