**Study Title:** Exploring the palliative care needs of Veterans at home.

**Brief description of the study:** The care of veterans, especially those with Post-Traumatic Stress Disorder (PTSD), was highlighted as an area of need in the Australia Department of Health and Ageing activity report of the National Palliative Care Strategy (2005, p44). Anecdotal clinical observations suggest that caring for dying veterans requires particular skill.

While there is a developing body of research and literature about the provision of palliative care in Australia, there is a dearth of Australian literature that examines the specific end of life needs of particular groups like veterans and their access to palliative care (Department of Health & Ageing, 2006; O'Connor and Pearson, 2004). This report describes a small study that was undertaken to examine the home-based palliative care experiences and needs of veterans at the end of life.

The main aim of the study was to understand the palliative care needs of veterans as they face the end of their life. The study specifically set out to investigate how veterans died at home, to elicit distinctive aspects of a veteran’s death in comparison to a non-veteran and to investigate whether the needs of dying veterans were being met.

**Study Methodology:** (Please mark with an x which type of study methodology)

| Epidemiology |  
| Health Services / Health Economics / Quality Improvement | **x** |
| Qualitative, Observational or Descriptive |  
| Mixed Method |  
| Systematic Review |  
| Intervention: RCT |  
| Intervention: Comparative or cohort study |  
| Intervention: Case series |  

**Project details:**

- Funding source (Optional): The Returned Services League of Victoria
- Has the study received ethics approval? **x** Yes  No  Not applicable
- Project starting date: 2009
- Project completion date: 2011
- Multi site: **x** Yes  No  Not applicable

**RESEARCHERS**

- **Principal Investigator (name):** Professor Margaret O’Connor AM
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**Investigator B (Name)**
**Associated publications / reports:**

**Report:** O’Connor M, Brennan B (2011) What are the palliative care needs of veterans being cared for at home? (Report funded by the Returned Services League (Vic). Frankston: Monash University, School of Nursing and Midwifery, Palliative Care Research Team ISBN:978-0-7326-2433-0

**Session paper:** “What are the palliative care needs of veterans being cared for at home?” Palliative Care Australia National Conference Cairns, September 2011