**Study Title:** A palliative approach for people with declining health, living in hostel accommodation: the state of play.

**Brief description of the study:** The purpose of this study is to support the delivery of optimal palliative care for people with complex care needs who are living in hostel settings. This research project seeks: (i) to describe and map the demographics of high level care residents in hostel settings, (ii) to explore health outcomes for this group of residents, and (iii) to explore age care staff understandings of what constitutes a palliative approach, and also the extent to which a palliative approach is incorporated into their care of high level residents in hostel settings. This study is being conducted at two sites; rural and metropolitan.

### Study Methodology: (Please mark with an x which type of study methodology)

- Epidemiology
- Health Services / Health Economics / Quality Improvement
- Qualitative, Observational or Descriptive
- **X** Mixed Method- Case Study
  - Systematic Review
  - Intervention: RCT
  - Intervention: Comparative or cohort study
  - Intervention: Case series

### Project details:

- **Funding source (Optional):**
  1. NHMRC Palliative Care Scholarship Round Three 2007
  2. Royal College of Nursing Australia, NSW Research Grant 2008.
- **Has the study received ethics approval?**  
  **X** Yes  
  No  
  Not applicable
- **Project starting date:** March 2007
- **Project completion date:** September 2010
- **Multi site:**  
  **X** Yes  
  No  
  Not applicable

### RESEARCHERS

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### Associated publications / reports:

Topics (Admin only) Rural, Remote Locality, Aged Care Facility, Settings of palliative care