

Standard 1

This resource maps CareSearch resources, evidence and knowledge to the National Palliative Care Standards and the NSAP Quality Elements. CareSearch has developed this resource to assist Services to develop their Quality Improvement Action Plan based on their Key Improvement Area priorities identified at the end of their NSAP self assessment snapshot.

When to use this resource:

After you have completed your NSAP self assessment snapshot you will receive your NSAP Self Assessment Interim Report and Results Report. Your next NSAP steps are to create a Quality Improvement Action Plan (QIAP) based on these reports, your strategic plan, latest palliative care evidence and other quality programs you are involved in (eg PCOC). This resource assists your Service to source the latest evidence for the quality improvement initiatives your Service will undertake, the main goal is to prevent Services 'reinventing the wheel'.

How to use this resource:

This resource includes some suggested reading and resources that may assist your Service to develop your Quality Improvement Action Plan. Evidence on relevant Standards is found within the Systematic Review Collection, the PubMed Topic Searches and the Clinical Practice Pages. Always consider the GP hub, Allied Health and Nurses' hub for further relevant or contextual information. Refer patients and families to relevant pages or resources written especially for them.

Instructions for use:

- Electronically go straight to the hyperlinks for the information
- As a hard copy use the words underlined in the search engine in CareSearch

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Standard 1: Care, decision-making and **care planning** are each based on a respect for the uniqueness of the patient, their caregiver/s and family. The patient, their caregiver/s and family's needs and wishes are acknowledged and guide decision-making and care planning.

National Palliative Care Standard		Relevant Evidence (to read)		
Standard 1		<p><u>CareSearch Review Collection</u>: e.g., Advance Care Planning, Advance Directives, Communication, Decision making, Families, Teams</p> <p><u>Palliative Care PubMed Searches</u>: e.g., Advance Care Planning, Advance Directives, Communication, Multi-Disciplinary Teams</p>		
NSAP Quality Element		Location of health professional resources (to read)	Location of consumer resources (to recommend)	Things that you can do
1.1	The patient's care plan takes into consideration the patient and family's description of their experience and needs.	Nurses Hub /Clinical / <u>Working with Families</u>	For Patients, Carers and Families/ Living with Illness / Why is Communication Important / <u>Communicating with Health Professionals</u>	
1.2	The patient (or an appropriate surrogate) and family's priorities and plans are discussed and an advance care plan is documented.	Clinical Evidence / <u>Advance Care Planning</u> pages		Review state specific legislation about documentation requirements and capacity, if necessary. [See What is Palliative Care? / Supporting Palliative Care in Australia / <u>Respecting Patient Choices program</u>]

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NSAP Quality Element		Location of health professional resources (to read)	Location of consumer resources (to recommend)	Things that you can do
1.3	Variation from the documented patient preferences about care is documented and reviewed by the team.	Nurses Hub / Clinical / Communication		
1.4	Care plans accommodate the evolving needs and preferences of the patient and family.	Nurses Hub / Clinical / Advance Care Planning		Refer families to Print Resources in the 'For Patients, Carers and Families' section
1.5	Supplementary element for adult Services. The adult patient with decisional capacity determines the involvement of the family in decision-making and communication about the care plan.	Clinical Evidence / Advance Care Planning pages	For Patients, Carers and Families / Living with Illness / Why is Communication Important / Family Communication	
1.6	Patients and their families are provided with up to date and appropriate information to meet their needs and support their participation in care planning and decision-making.	Clinical Evidence / Family and Carer Evidence / Carers / Supporting Carers	For Patients, Carers and Families / Living with Illness / Planning for the Future / Advance Care Planning , also Finding out More	Provide patients and families with CareSearch brochures (in envelope). These can be ordered
1.7	The interdisciplinary team communicates the palliative care plan with patient approval to all involved health professionals when patients transfer to different care settings.	Nurses hub / Clinical / Multidisciplinary Team, Communication GP Home / Patients needing palliative care / Advance Care Planning		Refer your GP to the Advance Care Planning pages in the GP Hub

NSAP would like to acknowledge CareSearch for the work in developing this resource.