

Using online learning modules to help nurses to source the evidence in a palliative care website

Kim Devery, Jennifer Tieman



- Introduce CareSearch
- Why on line learning module?
- Introduce *My Learning*
- How the resources have been received



Introduction to the CareSearch Website



CareSearch

- online resource.
- relevant and trustworthy information and resources about palliative care.
- health professionals.
- patients, carers, and family and friends.
- publically available, no login.



Welcome to CareSearch. CareSearch is an online resource of palliative care information and evidence. All materials included in this website are reviewed for quality and relevance.

What's New...

[on CareSearch?](#)
[in the community?](#)
[in the literature?](#)

Not sure where to start?

[Commonly sought information](#)
[Learn more about CareSearch](#)
[Nurses\[HUB\]](#)
[GP pages](#)



[CareSearch wins](#)
[Innovation Award](#)



What is
Palliative Care



For Patients
and Families



Finding
Services



Clinical
Practice



Finding
Evidence



Education



Research
Resources



Professional
Groups



About
CareSearch

Proudly linked to:



This site
complies with the
HONcode
standard for
trustworthy health
information:
verify here.

Six core resources are available in CareSearch for example:

- Clinical Practice Pages – summaries of best evidence
- Review Collection – Citations of review articles updated weekly from CINAHL, Ovid Medline, Embase, PsycINFO.

CareSearch -

More than 1,000 webpages and a suite of functions including literature databases, research data management system and search filters to facilitate access to the palliative care literature.

More on this tomorrow, session 1



In essence there are highly strategic, but possibly not intuitive, places to visit in the CareSearch website

The website attracts over 40,000 visitors each month with over 200,000 page views each month.



Who are the users of CareSearch?

Survey data (2008 & 2011) and knowledge of those who work in the industry, we understand that users are:

Older nurses and health professionals who are internet and cyber naïve



what nurses say

“[nurses] want speedy access to practical, relevant information/strategies. Information grabs”

“ you need to make available to busy clinicians information that they can access within seconds, is easily digestible, is pragmatic and is based on rigorous and reliable evidence.”

what nurses say

“CareSearch has been a very good repository of information to date and it now needs to teach people how to use this information.”

“Understanding the evidence can change peoples’ attitude and language.”



My Learning

- On line learning package
- Freely available
- Self directed
- Created with knowledge of the users and the resources of CareSearch
- Clinically relevant
- Case study based
- Quiz test and certification available



- *My Learning 1 and 2* focus on the appropriate use of the six core resources of CareSearch using case studies on non pharmacological interventions for dyspnoea and clinical responses to report of near death experiences.
- *My Learning 3* spotlights guidance on searching the Internet using a case study about family caregiver support and cyberquakery.



- *My Learning 4** centers on Aged Care and again uses case studies to support understanding of the resources and evidence available for nurses.
*Due for release October 2012
- All have been developed by an expert in palliative care education.

Case Study:

You are regularly visiting Eileen, aged 74, who lives with her daughter. Eileen has stage 2 adenocarcinoma NSCLC. She has a history of osteoarthritis, well managed hypothyroidism and hypertension. Eileen has received radiotherapy and chemotherapy in the past and has been fairly stable for some months. She has been able to walk short distances independently and enjoys playing canasta once a fortnight with friends.



Recently she has found walking difficult; she becomes very breathless quickly and it takes her some time to recover. She has seen her GP who, after examination, told her that the cancer is progressing and mentioned that oxygen may be helpful. On your day off, another nurse visited and said to Eileen that a small dose of Valium could assist breathlessness. Eileen's daughter, who practices reiki, wants to practice this massage on Eileen, but Eileen tells you she doesn't want anything weird or too fancy. Eileen asks you what can help her. You think to yourself you don't really know.

At a recent conference in Cairns you learnt about CareSearch and vaguely remember hearing about resources regarding breathlessness. You go back to the office and seek out this information now.

Module One

Question 1.

For quick and up-to-date peer reviewed information regarding the symptoms *pain, breathlessness, or fatigue*, for example, I can go to:

- CareSearch Clinical Practice pages
- PubMed Searches, or
- CareSearch Review Collection

- A) True
- B) False

Module One

- You can now **print** off a certificate to include in your portfolio.
- **Print** a handy summary of the six core key resources of CareSearch here.

Go to Module Two: Finding Evidence Part 2.





CARESEARCH[®]
palliative care knowledge network

www.caresearch.com.au

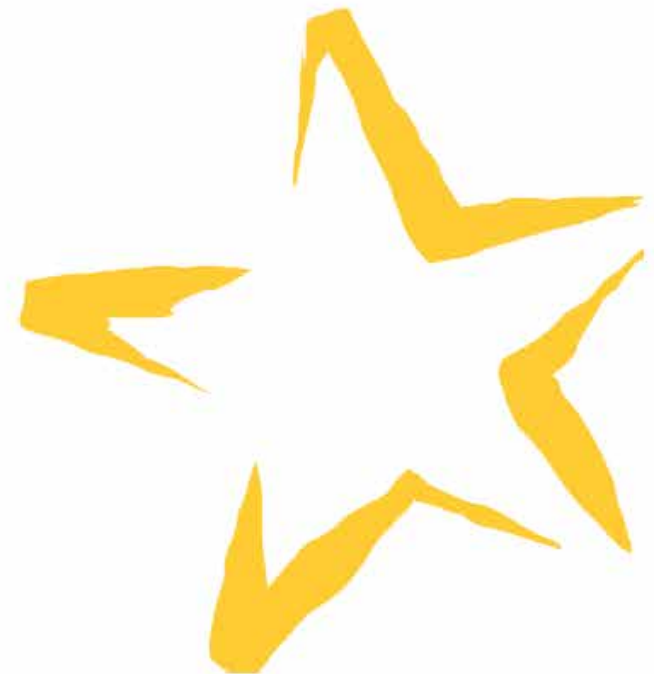
CERTIFICATE OF COMPLETION

This is to certify that

Name

Has successfully completed My Learning:
Module One, Finding Evidence 1

On 15-Jan-2012



Thanks for Module 3. I regularly get told “facts” from people who have used the internet. . . . People do not realise that information on there is not regulated. I always redirect them to more regulated sites such as the Cancer Council, National Breast and Ovarian Cancer Council or the Heart Foundation. I personally also use Medline and of course Caresearch. Keep up the good work of keeping us up to date and well informed. Email dated 23 May 2012



Usage of My Learning

Since Jan 2012

- 3728 hits
- 1636 visits

CareSearch would like to thank the many people who contribute their time and expertise to the project including members of the National Advisory Group and the Knowledge Network Management Group.

CareSearch is funded by the Australian Government Department of Health and Ageing as part of the National Palliative Care Program.

www.caresearch.com.au