

*CareSearch: Extending  
Our Reach to Specific  
Populations*

Deb Rawlings, CareSearch Project

# CareSearch *palliative care knowledge network*

- **A website that enables access to information and resources**
- **A Project that:**
  - Finds research evidence
  - Develops content using defined quality processes
  - Supports moving evidence to practice

# Public Health Approach

- The World Health Organisation and Palliative Care Australia have both identified that a public health approach to palliative care needs to respond to all community needs and expectations including those of disadvantaged, marginalised and culturally and linguistically diverse groups (Sepúlveda et al 2002, PCA 2005).

# Public Health: Specific Populations

- Public health looks at the social, environmental and behavioural determinants of health and health service delivery in Australia.
- It identifies groups that may have differential access to resources and services, or who may have specific needs in ensuring equitable care.

# CareSearch: Public Health Approach

- Uses a structured process to identify specific populations
  - Australian Bureau of Statistics data
  - Consultation with National Advisory Group
  - Review of the palliative care literature
  - Policy priorities

# CareSearch: Specific Populations

- Purposes:
  - Raise awareness for clinicians of those with specific care needs
  - Identify resources that can support individualised care and increases equitable access
  - Provide targeted information for patients, families and the community

# CareSearch: Quality Processes

- All materials on the website are developed and peer reviewed by Australian health professionals:
  - Relevant to palliative care
  - Trustworthy
  - Reflect the best available evidence

# Multicultural as an example

- Outline population based approach to the development of the Specific Populations pages within CareSearch
- Quality processes involved in producing the content
- Multicultural pages as example of 13 specific populations within CareSearch



# Rationale for inclusion

- Australia is home to over 20 million people
- One in four of Australia's population was born overseas
- The Australian Bureau of Statistics<sup>1</sup> in 2006 found Australians reported more than 250 different ancestries
- 28% of the population selected two ancestries

# Identifying content

- Search of published literature
  - Structured search approach
  - Australian literature
- Identifying resources
  - Web search
  - Departments, organisations, peak bodies

# Content Development

- Reviewing literature
- Working in partnership
  - Multicultural Communities Council of SA
  - Multicultural SA / Interpreting and Translating Centre

# Content Development

- Two corresponding pages:
  - Clinical Practice – with information for clinicians on care issues for CALD patients and their families
  - Patient and Family - with translated information for consumers on issues they may face
- Associated PubMed Search Topic

# Content Review

- Structured process
  - Internal comments from two people in the field – such as those working in services with CALD populations
  - Formal peer review from expert, academic, peak body (such as those with a record of authorship on the subject)

# Additional Resources

- English is the only language spoken at home in 78% of households

BUT..

- Almost 400 different languages were spoken in homes across Australia by nearly 3 million people

# Translating existing content

- Seven DVDs revoiced into 3 languages other than English
  - Identified from the Australian Bureau of Statistics<sup>1</sup> (main language spoken at home)
  - Italian, Greek, Cantonese

# Content Dissemination

- Promote pages to intended audiences
  - What's new in CareSearch, @CareSearch newsletter
  - Promotion through palliative, community and multicultural newsletters
  - Mail outs to services





**Welcome to CareSearch.** CareSearch is an online resource of palliative care information and evidence. All materials included in this website are reviewed for quality and relevance.

**What's New...**  
[on CareSearch?](#)  
[in the community?](#)  
[in the literature?](#)

**Quick Links**  
[Using CareSearch](#)  
[Indigenous](#)  
[GPs](#)  
[ComPAC](#)  
[PCC4U](#)

 [Introduction to CareSearch Audio Version](#)

 What is Palliative Care

 For Patients and Families

 Finding Services

 Clinical Practice

 Finding Evidence

 Education

 Research Resources

 Professional Groups

 About CareSearch

Proudly linked to:



CareSearch is funded by the Australian Government Department of Health and Ageing as part of the National Palliative Care Program.

*This page was last updated on 26 May 2008*

<b>Main Menu</b>	<b>Clinical Practice</b>
<a href="#">What is Palliative Care?</a>	<a href="#">Physical</a>
<a href="#">For Patients and Families</a>	<a href="#">Psychological, Social, Spiritual</a>
<a href="#">Finding Services</a>	<a href="#">Patient Considerations</a>
<a href="#">Clinical Practice</a>	<a href="#">Professional Considerations</a>
<a href="#">Finding Evidence</a>	<a href="#">Service Issues</a>
<a href="#">Education</a>	<a href="#">Specific Populations</a>
<a href="#">Research Resources</a>	<a href="#">&gt; Aged Care Facilities</a>
<a href="#">Professional Groups</a>	<a href="#">&gt; Gay, Lesbian, Bisexual, Transgender</a>
<a href="#">About CareSearch</a>	<a href="#">&gt; Homelessness</a>
<a href="#">Contact CareSearch</a>	<a href="#">&gt; Indigenous</a>
<a href="#">Home</a>	<a href="#">&gt; Intellectually Disabled</a>



## Specific Populations

Population health looks at the social, environmental and behavioural determinants of health and health service delivery in Australia. These approaches identify groups that may have differential access to resources and services, or who may have specific needs in ensuring equitable care.

The [Standards for providing quality palliative care for all Australians](#) (Palliative Care Australia, 2005) represent a whole of sector approach to ensure high quality and needs based care at the end of life. These standards note that special consideration needs to be given to particular groups in our community when applying the Standards particularly those people who are disadvantaged or marginalised. They identify populations with special needs such as [children with a life-limiting illness](#) and people who live in [residential aged care facilities](#).

**Main Menu**[What is Palliative Care?](#)[For Patients and Families](#)[Finding Services](#)[Clinical Practice](#)[Finding Evidence](#)[Education](#)[Research Resources](#)[Professional Groups](#)[About CareSearch](#)[Contact CareSearch](#)[Home](#)**Clinical Practice**[Physical](#)[Psychological, Social, Spiritual](#)[Patient Considerations](#)[Professional Considerations](#)[Service Issues](#)[Specific Populations](#)[> Aged Care Facilities](#)[> Gay, Lesbian, Bisexual, Transgender](#)[> Homelessness](#)[> Indigenous](#)[> Intellectually Disabled](#)[Login](#) | [Contact CareSearch](#)Email Page:  SearchYou are here: [Clinical Practice](#) » [Specific Populations](#) » [Multicultural](#)Font size:  A A APrint page: **Multicultural****Cultural and linguistic diversity issues (Non-English speaking background)**

Since World War II, 5.6 million immigrants have made Australia their home, only 46% of whom have been Anglo-Celts. The Australian Bureau of Statistics [2006 Census Report](#) reports more than 250 different ancestries, with 28% of the population selecting two ancestries. Although almost 400 different languages are spoken in homes across Australia, and 79% of Australia's population speak only English at home.

Multicultural policies have been adopted by local, state and commonwealth governments since the 1970s to ensure that all Australians are treated justly and equally regardless of their race and ethnicity. This has included the health care system, where acknowledging the needs of those who come from a different background and / or speak another language is considered

**PubMed Searches (Multicultural)**

Free full text only

[Strongest evidence](#)  
[Everything](#)

All citations

[Strongest evidence](#)  
[Everything](#)[Last 3 months](#)[About these searches](#)



## Multicultural PubMed Topic Search

Login | Contact CareSearch | Email Page:  Search

You are here: Finding Evidence » PubMed Topic Searches » Multicultural PubMed Topic Search

Font size:  A A A Print page:

### Multicultural PubMed Topic Search

Select one search option for your chosen search topic.

**Free full text only** (likely to reduce the number of results)

[Strongest evidence](#) (systematic reviews or randomised controlled trials)

[Everything](#)

**All citations**

[Strongest evidence](#) (systematic reviews or randomised controlled trials)

[Everything](#)

[Last 3 months only](#)

Multiculturalism = Cultural diversity: The coexistence of numerous distinct ethnic, racial, religious, or cultural groups within one social unit, organization, or population (Source: MeSH)

#### Main Menu

What is Palliative Care?

For Patients and Families

Finding Services

Clinical Practice

Finding Evidence

Education

Research Resources

Professional Groups

About CareSearch

Contact CareSearch

Home

#### Finding Evidence

About Evidence

Finding Evidence

Appraising Evidence

Applying Evidence

Generating Evidence

Communicating Evidence

Reducing Evidence-Practice Gaps

CareSearch Grey Literature

CareSearch Review Collection

PubMed Topic Searches

> Create Your Own PubMed



## Review Collection: Multicultural

### Main Menu

What is Palliative Care?

For Patients and Families

Finding Services

Clinical Practice

Finding Evidence

Education

Research Resources

Professional Groups

About CareSearch

Contact CareSearch

Home

### Finding Evidence

About Evidence

Finding Evidence

Appraising Evidence

Applying Evidence

Generating Evidence

Communicating Evidence

Reducing Evidence-Practice Gaps

CareSearch Grey Literature

CareSearch Review Collection

> Procedures

Login | Contact CareSearch | Email Page:  Search

You are here: Finding Evidence » CareSearch Review Collection » Review Collection: Multicultural

Font size:  A A A Print page:

## Review Collection: Multicultural

22 reviews

### 2010

Hall-Lipsy EA, Chisholm-Burns MA. [Pharmacotherapeutic disparities: racial, ethnic, and sex variations in medication treatment](#). Am J Health Syst Pharm. 2010 Mar 15;67(6):462-8.

### 2009

Anderson KO, Green CR, Payne R. [Racial and ethnic disparities in pain: causes and consequences of unequal care](#). J Pain. 2009 Dec;10(12):1187-204.

Haour-Knipe M. [Families, children, migration and AIDS](#). AIDS Care. 2009 Aug;21(Supp 1):43-8.

Mitchell BL, Mitchell LC. [Review of the literature on cultural competence and end-of-life](#)

What is Palliative Care?	About Palliative Care
<b>For Patients and Families</b>	Living With Illness
Finding Services	How To Care
Clinical Practice	At The End
Finding Evidence	Bereavement, Grief and Loss
Education	<b>Specific Groups</b>
Research Resources	Finding Out More
Professional Groups	DO YOU NEED HELP NOW?
About CareSearch	
Contact CareSearch	
Home	

You are here: For Patients and Families

Font size: [A] [A] [A] Print page: [icon]

## For Patients and Families

Palliative care will affect all of us at some stage in our lives whether as a patient, carer, family member, neighbour or friend. The sections below will take you to detailed information and resources.

<p><b>About Palliative Care</b></p> <p>What is palliative care and why is it important?</p>	<p><b>Living with Illness</b></p> <p>Information on living with illness, and changes over time.</p>	<p><b>How to Care</b></p> <p>Information on the practical things that can help daily life.</p>
<p><b>At the End</b></p> <p>What happens when someone is nearing the end of life?</p>	<p><b>Bereavement, Grief, Loss</b></p> <p>Information on how to manage after someone has died.</p>	<p><b>Groups with Specific Needs</b></p> <p>Some groups have specific needs such as the aged or homeless.</p>
<p><b>Finding Out More</b></p> <p>Learn more about how to search for quality information.</p>	<p><b>Do you need help now?</b></p> <p>Contact numbers if you need help now.</p>	



**Main Menu**

What is Palliative Care?

For Patients and Families

Finding Services

Clinical Practice

Finding Evidence

Education

Research Resources

Professional Groups

About CareSearch

Contact CareSearch

Home

**For Patients and Families**

About Palliative Care

Living With Illness

How To Care

At The End

Bereavement, Grief and Loss

Specific Groups

> Homelessness

> Indigenous

> Intellectually Disabled

> Gay, Lesbian, Bisexual and Transgender

> Living Alone

Login | Contact CareSearch Email Page:   Search

You are here: For Patients and Families » Specific Groups » Multicultural

Font size:    Print page:

## Multicultural

### Information in other languages

[Arabic / عربي](#) | [Cantonese/Mandarin / 中文](#) | [Greek / ΕΛΛΗΝΙΚΑ](#) | [Italian / Italiano](#) | [Spanish / ESPAÑOL](#) | [Vietnamese / VIỆT NGỮ](#)

### Leaflets and brochures

You can find information about palliative care in other languages on the [Department for Health and Ageing](#) website and the [Palliative Care Council of SA](#) website

### DVD's

There are short DVDs available in [English](#), [Greek](#), [Italian](#) and [Cantonese](#) which highlight some of the important issues for patients and families.

### Interpreters

- Finding Services
- Clinical Practice
- Finding Evidence
- Education
- Research Resources
- Professional Groups**
- About CareSearch
- Contact CareSearch
- Home

- Dietitians
- Doctors
- GP Home
  - > Patients Needing Palliative Care
  - > Managing Symptoms
- > Making it Work in Your Practice
- > The Dying Patient
- > Following Up the Bereaved
- > Professional Development
- > GP Resources**
- GP Resources by Topic
- Music Therapists
- Nurses
- Occupational Therapists
- Pastoral Care Workers

## GP Resources by Topic

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

### A

#### Advance care planning

[About advance care planning](#)

A guide from Respecting Patient Choices

[FAQs – Information about advance care planning for the general public](#)

For consumers. From Respecting Patient Choices

[Choosing whether to have treatment](#)

A pamphlet for consumers. From Kidney Health Australia

[End of Life Palliative Education Resource Centre](#)

Produces factsheets including:

- > [The living well interview](#)
- > [CPR survival in hospital](#)
- > [Implantable cardiac defibrillators at the end of life](#)
- > [Advance care planning in end-stage renal disease and dialysis decisions](#)
- > [Withdrawal of dialysis](#)
- > [Advance care planning in motor neurone disease](#)
- > [Advance care planning in chronic illness](#)
- > [Myths about advance directives](#)

[State by state information about advance care planning](#)



See also

[Opioids](#)

[Prescribing in palliative care](#)

[Symptom management](#)

Or sections on specific symptoms

[Return to top of page](#)

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## Multicultural

[Multicultural Palliative Care Guidelines](#)

From Palliative Care Council of South Australia

[Getting to know your medicines - Multilingual resources](#)

For consumers. From the National Prescribing Service

[Cultural diversity at the End of Life: Issues and guidelines for family physicians](#)

Article from American Family Physician

[Improving the use of translating and interpreting services](#)

From Victorian Government

[Pain assessment tool in multiple languages](#)

From the British Pain Society

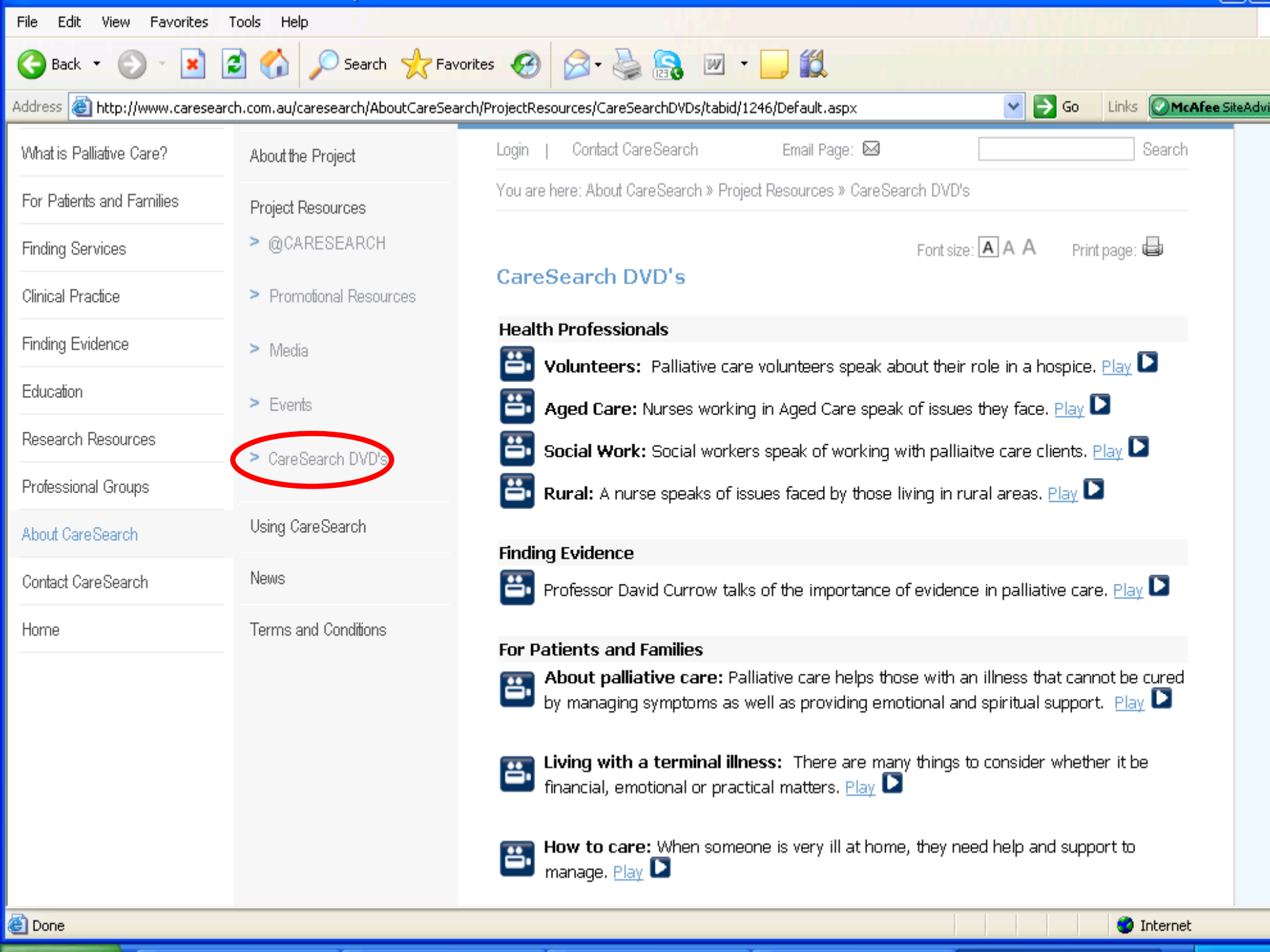
[Cross cultural care resources](#)

From Royal Australian College of General Practitioners website

[Return to top of page](#)

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**N**



- What is Palliative Care?
- For Patients and Families
- Finding Services
- Clinical Practice
- Finding Evidence
- Education
- Research Resources
- Professional Groups
- About CareSearch
- Contact CareSearch
- Home

- About the Project
- Project Resources
  - > @CARESEARCH
  - > Promotional Resources
  - > Media
  - > Events
  - > CareSearch DVD's
- Using CareSearch
- News
- Terms and Conditions

Login | Contact CareSearch Email Page:  Search

You are here: About CareSearch » Project Resources » CareSearch DVD's

Font size:  A A A Print page:

## CareSearch DVD's

### Health Professionals

- Volunteers:** Palliative care volunteers speak about their role in a hospice. [Play](#)
- Aged Care:** Nurses working in Aged Care speak of issues they face. [Play](#)
- Social Work:** Social workers speak of working with palliative care clients. [Play](#)
- Rural:** A nurse speaks of issues faced by those living in rural areas. [Play](#)

### Finding Evidence

- Professor David Currow talks of the importance of evidence in palliative care. [Play](#)

### For Patients and Families

- About palliative care:** Palliative care helps those with an illness that cannot be cured by managing symptoms as well as providing emotional and spiritual support. [Play](#)
- Living with a terminal illness:** There are many things to consider whether it be financial, emotional or practical matters. [Play](#)
- How to care:** When someone is very ill at home, they need help and support to manage. [Play](#)

Research Resources

&gt; CareSearch DVDs

Professional Groups

&gt; Greek DVDs

About CareSearch

&gt; Italian DVDs

Contact CareSearch



&gt; Cantonese DVDs

Home

Using CareSearch

News







Terms and Conditions

 **Ageed care:** Nurses working in aged care speak of issues they face. [Play](#) **Social Work:** Social workers speak of working with palliative care clients. [Play](#) **Rural:** A nurse speaks of issues faced by those living in rural areas. [Play](#)

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 Professor David Currow talks of the importance of evidence in palliative care. [Play](#)

### For Patients and Families

 **About palliative care:** Palliative care helps those with an illness that cannot be cured by managing symptoms as well as providing emotional and spiritual support. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **Living with a terminal illness:** There are many things to consider whether it be financial, emotional or practical matters. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **How to care:** When someone is very ill at home, they need help and support to manage. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **Groups with specific needs:** Death is a reality of life, but the circumstances can vary greatly as different groups have different needs. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **At the end:** Many people have little or no prior experience of dying and death. As much as possible, people like to have choice at the end of life. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **Bereavement, Grief and Loss:** Even when it is expected, death can be a shock. Grief and loss can be felt in many ways. [English](#) / [Greek](#) / [Italian](#) / [Cantonese](#) **Finding out More:** People vary in their knowledge and understanding in regard to death and dying. Being informed can help make the right decisions.

# Summary

- A public health approach to palliative care needs to respond to all community needs and expectations including those of culturally and linguistically diverse groups.

# Summary

- It is vital that the palliative care community have access to relevant evidence-based information and resources to support the care of specific populations.
- Providing clinically and culturally appropriate evidence based care is one way in which CareSearch can support clinicians and consumers.

# Specific Populations

- In looking to provide evidence-based information about people with palliative care needs it is apparent that there is no one size fits all.
- CareSearch has been slowly ‘extending its’ reach’ by providing information and developing materials to many of the groups in the community who have specific needs.

CareSearch would like to thank the many people who contribute their time and expertise to the project including members of the National Advisory Group and the Knowledge Network Management Group.

CareSearch is funded by the Australian Government Department of Health and Ageing as part of the National Palliative Care Program.

[www.caresearch.com.au](http://www.caresearch.com.au)