



It is not only the patient and family who are affected by the need for palliative care, which means that the wider community has information and support needs too. With an ageing population and a health system that is struggling to keep up, we need to increase the community's capacity to care. People in local communities may wish to help support a member of their church or a neighbor, and they are also often involved in fundraising events, so it is good to make them aware of some of the issues involved with palliative care.

In the '[What is Palliative Care](#)' section of the website, there is a page on [caring in the community](#) with some considerations that may help you to inform your own community.

The '[For Patients and Families](#)' pages include a lot of information and resources that can help to support those in the community. The information is written in an easy-to-understand format.

The first section is called '[About Palliative Care](#)', and provides information on:

- [What palliative care is](#)
- [Referring to palliative care](#)
- [Who provides palliative care?](#)
- [It's not just cancer](#)
- [Why information matters](#)



Within this consumer section is information on '[Living with Illness](#)'. The pages on [continuing to work](#) may be of interest

as some patients continue to be in employment when very ill, and some carers may continue to work throughout their loved one's illness. Workplace employers and colleagues will find information and resources to help with this.

The '[How to Care](#)' section has pages on [how to help families](#), which include:

- [Helping the family carer](#)
- [Learning what to say](#)
- [Recognising the family carer's co-ordinating role](#)

Members of the community will have a part to play in supporting those left behind, and here in the consumer section they can find information on [bereavement, grief and loss](#).

The 'Specific Groups' section has information for and about those who may be in different or difficult circumstances. Pages that may be of relevance include information on: [homelessness](#), the [intellectually disabled](#), [living alone](#), [mental illness](#), [multicultural](#) people, [paediatrics](#), [people with dementia](#), and [young carers](#).