



## Looking after patients in the palliative phase? WHY CARESEARCH SHOULD BECOME ESSENTIAL TO YOUR PRACTICE

There is important research happening in palliative care – and it will change the way we manage pain, dyspnoea, nausea and other symptoms. Find out about:

### **Connecting to the evidence**

Oncologists contribute to the care of many palliative care patients. Check the evidence through CareSearch's Clinical Practice pages. These pages summarise the best evidence behind good supportive care for the most important symptoms in the palliative phase.

### **Dealing with challenging problems**

CareSearch maintains a listing of systematic reviews on supportive care topics. It is an invaluable support for some of the challenging aspects of symptom management.

### **Staying up to date**

CareSearch helps busy clinicians to stay up to date with automated validated PubMed searches. One-click searching provides immediate access to literature on a range of clinical, psychosocial and ethical topics important in palliative care.

### **Educational resources for the whole team**

Online teaching resources for trainees, nursing and allied health staff can supplement their core oncology knowledge. There is also information specifically for nurses and for GPs. Great for trainees, as it is an evidence-based information source.

### **Information you can give to patients and their families**

Good information is critical for patients. CareSearch has developed locally relevant and trustworthy palliative care resources for patients, their families, and their friends about what to expect, details about symptoms and their management, how to cope, and where to go for help.

### **Facilitating research**

CareSearch hosts a Research Data Management System currently being used for multisite and single site clinical trials and for audit and feedback activities. Check the listings in the Research Register to identify potential collaborators, or those currently active in supportive care research in Australia.

### **World first lung cancer search filters**

Experimentally developed search filters with high sensitivity will help cancer practitioners retrieve literature relevant to lung cancer, small cell lung cancer and non small cell lung cancer. They are available now for use at the CareSearch website

CareSearch is an online resource of palliative care information and evidence, available now at no cost at [www.caresearch.com.au](http://www.caresearch.com.au).

