

CARESEARCH PAGE REVIEWS (CNIN JAN 2009)

At CareSearch we are revising the patients and carers pages in 2009. This is a part of our ongoing quality process and we are asking for your help. Our National Advisory Group recently helped us review how the pages in this section are structured. As a result we are looking at organising pages by types of information needs rather than by groups of possible users such as patients, carers or families.

Pages will now be grouped in one of the following clusters:

- About palliative care
- Changes over time
- Practical caring information
- Financial matters
- Feelings and emotions
- Helping families
- Plans and decisions

The complete set of proposed pages is outlined below.

The majority of pages in these sections have already been written. However we are aware that some need updating and we are looking for help in reviewing these pages and any new pages. It would very valuable to get feedback from nurses working in different settings and with different types of clinical responsibilities. Your input could help make the pages more useful for patients and their families. If you are interested in commenting on or reviewing any of the pages as they are being written please contact Deb Rawlings at deborah.rawlings@flinders.edu.au.

FOR PATIENTS AND FAMILIES: PROPOSED PAGE STRUCTURE

About palliative care

- About palliative care
 - Understanding what's happening
 - It's not just cancer (chronic disease/ dementia etc...)
- Pain & Symptoms
- Complementary therapies
- Who provides palliative care?
 - Health professionals
- Why information matters

Changes over time / Living with illness

- Continuing to work (ill person)
- Living with Illness
 - Changes over time
 - Course of Illness
 - Quality of Life
- Making Decisions
- Preparing for the end
- Information needs (different people, different needs at different times)

Practical caring information

- Looking after someone
 - Carer role
 - Looking after yourself
 - Managing daily life
 - Respite and support
 - Social support
- Practical Caring resources
 - Caring practical
 - Managing medicines
 - Transport
 - Information and resources
- Caring at the end
 - Staying at home
- Working carers (School/ Uni)
- After Death (what to do etc...)

Financial matters

- Financial help and advice
- Costs of care
- Resources
- Superannuation, working and insurances

Feelings and Emotions

- Communication
 - Families with issues / Family communications / Communication tips
 - Difficult conversations
 - Talking with Children
- Feelings and emotions
 - Family caregiver
 - When someone is dying
 - When you are seriously ill
 - Would it be helpful to talk to someone?
 - Anxiety and Depression
- Grief and Loss
 - If you are grieving
 - When others are grieving
 - Children and grief and loss
 - Loss of a child
 - Recovering and remembering

Helping Families

- I don't know what to say
- How to help
- Supporting carers
- When you don't live nearby
- Family caregiver as a pivotal role

Planning and Decisions

- Plans and decisions
- Advance Care Planning
- Wills and Funerals

Draft structure as at 7 January 2009. Titles are indicative only.