

## CLINICAL USES: PATIENT WITH DYSPNOEA

### Scenario:

- A patient presents with severe dyspnoea
- What are the treatment options?
- Which is better?
  - Nebulised morphine
  - Oxygen



Check whether there is a clinical practice page in CareSearch. These pages have symptom information that you can use to support practice. To find them click on the Clinical Practice button on the home page. Then click on Physical in the second menu bar. The pages on [breathing](#) have information on dyspnoea, cough, respiratory secretions, haemoptysis and obstruction. The Dyspnoea page provides a summary of what is known from the research and what it means in practice. It also includes a link to a free full text overview article.

PubMed topic searches are embedded into clinical symptom pages and give 5 different options for finding articles:

- Free full text – strongest evidence or everything
- All citations – strongest evidence, everything, last 3 months

The [Dyspnoea](#) PubMed topic search could also contribute here. It provides links to the latest literature and research evidence.

The [CareSearch Review Collection](#) provides an easy way to find systematic reviews on topics relevant to palliative care. There is a page listing systematic reviews on dyspnoea.

If appropriate the section on finding services includes a [disease-specific resources](#) page, which for this example has lung disease information.

CareSearch is an online resource funded by the Department of Health and Ageing to help clinicians find relevant evidence about palliative care. Available now at [www.caresearch.com.au](http://www.caresearch.com.au)