



CARESEARCH: SUPPORTING THOSE WORKING IN RESIDENTIAL AGED CARE

Residential Aged Care Facilities provide care for many Australians at the end of their life. Palliative care focuses on quality of life when cure is no longer possible. It addresses physical symptoms such as pain or nausea as well as helping with emotional, spiritual and social needs.

The CareSearch website provides evidence based palliative care information and resources to help those working in residential aged care. Some useful resources include:

Specific Populations: There are individual pages dealing with aged, aged care facilities and people with dementia. They provide an overview of the state of the evidence and links to quality resources.

GP pages: These pages have been written specifically to support GPs providing care in the community, including in residential aged care facilities. The GP home page helps GPs (and other health professionals) find practical resources quickly. Pages cover topics such as managing symptoms and discussing palliative care with patients and families.

Nurses Hub: The Hub helps nurses find the information they need quickly and easily. A monthly newsletter, nurses[Hub] news helps nurses stay in touch with new resources and build their knowledge of palliative care.

Clinical Practice: The pages on end of life care look at principles for providing quality care in the final days and weeks of life.

For Patients and Families: Families can also benefit from information about what is happening. The For Patients and Families section looks at issues such as advance care planning or bereavement, grief and loss. Pages and resources can be printed off and given to family members or staff can recommend they visit the website.

Education: There are links to different web based learning modules.



CareSearch is free to use and available now at www.caresearch.com.au

For further information please email caresearch@flinders.edu.au or phone (08) 7221 8227.