

UNDERSTANDING PALLIATIVE CARE: AN A-Z OF CARESEARCH

Palliative care is provided when you have an illness that cannot be cured. It maintains quality of life by controlling physical symptoms, such as pain or sickness, and helps with emotional, social or spiritual needs. CareSearch is an online resource designed to help those needing relevant and trustworthy information and resources about palliative care.

A	Available 24 hrs a day	CareSearch is there when you need it
B	Bereavement	Information to help with loss & grief
C	Clinical issues	Physical & psychological symptom information
D	Diversity	Different people, different needs
E	Evidence	Research evidence underpins everything
F	Free	No cost to use the website
G	GP pages	Important information for GPs
H	Helpful information for families & friends	Help extended family, friends & the community to understand what's happening
I	Indigenous resources	To aid culturally – sensitive care
J	Journal articles	Find the most recently published journal articles
K	Knowledge translation	How we use new knowledge to improve care
L	Links	Providing links to other quality websites & resources
M	Medicines	Helping you manage your medicines
N	Newsletters	Receive the @CARESEARCH newsletter
O	One-stop-shop	A gateway to all things related to palliative care
P	Patients, carers pages	Pages provide information and resources for patients and their carers
Q	Quality	Quality processes ensure quality information
R	Research	Find out how research makes a difference
S	State-based	Find resources & information in your state
T	Trustworthy	Reliable information written and checked by health care professionals
U	Up-to-date	Based on the latest information & literature
V	Volunteers	Information for volunteers & managers
W	What's new?	On CareSearch, in the literature, in palliative care
X,Y,Z	Young people	Information available for young carers, young patients, young bereaved