



MY LEARNING

(and how to get CPD points)

Introduction

Nurses have ongoing needs in relation to their professional development, however, workloads and shift work can make attending face to face sessions difficult. Online learning has been found to be effective and well-received for ongoing education for nurses.

CareSearch is an online evidence-based resource for palliative care, and online learning modules have recently been added to the website.

My Learning is a series of interactive learning modules designed to help users learn more about evidence, palliative care and CareSearch resources.



My Learning Topics

My Learnings 1 and 2 use two patient case studies addressing non-pharmacological interventions for dyspnoea and clinical responses to report of near- death experiences. The case studies help explain the six core resources in CareSearch and how to use them when looking for information.

My Learning 3 highlights what you need to be aware of when searching the Internet. It uses a case study about family caregiver support and cyberquakery.

My Learning 4 looks at end-of-life in residential aged care facilities. It covers concerns around recognising dying, communicating with families, and nutrition and hydration at the end-of-life.

My Learning 5 will be released in 2013. It addresses end-of-life care for people with advanced dementia. It looks at how to support quality care for those patients or residents and families, including advanced care planning.

Approach

A specialist educator has developed these modules based on extensive experience and on the literature related to online learning.

Case studies are used, a format that is well-received by nurses as a learning tool. Each module ends with a quiz where users are able to independently test their learning.

The easy to use format gives every user immediate feedback. A Certificate of Completion can also be downloaded.

You can find My Learning in the Education section of the CareSearch website.

Aim

To support better clinical care by showing how CareSearch can help health professionals answer clinically relevant questions.

Continuing Professional Development (CPD)

CPD aims to maintain, improve and broaden nurses' knowledge, expertise and competence.

National registration requirements mean that all nurses must undertake a minimum number of CPD hours.

All My Learning modules are directly relevant to all nurses who deliver a palliative approach in the context of their work regardless of the setting.

As My Learning is a self-directed professional development activity, users simply need to record the time taken to complete each module, print out the certificate of completion and keep it in their records for 3 years.

How My Learning Helps

- Accessible anywhere in Australia
- Free to use
- Supports independent learning
- Clinically relevant
- Quality peer reviewed materials
- No password or log-in



CERTIFICATE OF COMPLETION

This is to certify that

Has successfully completed My Learning:
Module Four, Residential Aged Care

On

