

CARERS: CARING AT THE END OF LIFE

AN INFOGRAPHIC FOR NATIONAL CARERS WEEK 2015 FROM



www.caresearch.com.au

\$ Replacement value

of the care provided by Australia's unpaid carers has increased to 60.3 billion per year - over \$1 billion every week

This amount equals

3.8 PERCENT

of the country's GDP



By 2025,

only 42 percent of people with a severe disability aged over 65 and not living in residential care will have access to an unpaid carer



In Australia, around 75% of all deaths follow a course of illness reasonably expected to end with death



Most Australians indicate a preference to die at home if they have an incurable, progressive illness; however, most will die in hospital or residential care



In contrast, the presence of a carer from within the dying person's family or **circle of close friends** increases the likelihood of a home death occurring

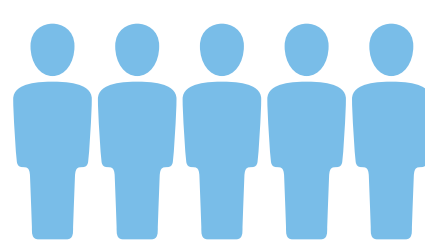
Informal carers can



become overwhelmed and have complex needs for support in order to succeed in caring for a dying **loved one**

75 percent of people who have cared for someone who is dying found it very rewarding and say they would **indeed do it again**

90 Up to **percent** of people with a terminal illness spend most of the final year of life at home. Most of these people will need some form of end-of-life care, which is often provided **%** by family caregivers



average length of **community-based** palliative care is 119 days, of which 117 days of care are typically provided by family, friends, neighbours and community members



Did you know? The CareSearch website provides trustworthy information that helps carers manage a loved one's terminal illness at home. You can find it at **www.caresearch.com.au**



The CareSearch Patients, Carers, and Families pages have been accessed over **1.5 million times** in the past three years, showing that families and carers are looking for quality information about how to care at home

1/3 Although a **third** of carers feel satisfied with their caring role, a similar proportion of caregivers frequently feel fatigue and weariness

In the Patients, Carers, and Families pages, the **'Living with Illness'** section is the most accessed with an average of over 14,000 page views per month.



This section helps carers understand changes over time, complementary therapies, continuing to work, emotional challenges, financial matters, planning for the future, spirituality, symptoms, support groups, and why communication is important

Approximately **30 percent** of the CareSearch website is dedicated to providing carers with resources to help and support them



The next most popular section is **'How to Care'**, and it helps carers understand how to manage daily life as a carer. This can include managing medications, accessing transport, using practical resources, supporting young carers, and more



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