## Self-directed learning package: Introductory nurses quiz

### Section 1

<table>
<thead>
<tr>
<th>Question</th>
<th>True</th>
<th>False</th>
<th>Don't Know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. With a palliative approach, the focus is on managing symptoms and increasing quality-of-life rather than curing illness.</td>
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<td><img src="#" alt="Red" /></td>
<td><img src="#" alt="Yellow" /></td>
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<tr>
<td>2. A palliative approach discourages discussion about death and dying as it may upset the resident.</td>
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<td>3. A resident completes a written Advance Directive. This is considered a legal document.</td>
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<td><img src="#" alt="Yellow" /></td>
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<td>4. Shortness of breath is the same thing as dyspnoea.</td>
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<td>5. It is a good idea to ask a resident to rate his shortness of breath by asking him to count how many breaths he takes a minute.</td>
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<td>6. A resident is always short of breath on exertion. You should administer a PRN dose of morphine mixture after she has a shower and is recovering on her bed.</td>
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### Section 2

<table>
<thead>
<tr>
<th>Question</th>
<th>True</th>
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<tbody>
<tr>
<td>7. Family members have the right to determine if a resident should attend a palliative care case conference on the grounds that ‘it will only upset him/her’.</td>
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<td>8. Regardless of the language a resident speaks or where they were born their care needs are the same when they are dying.</td>
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<td>9. If a competent resident tells you they have pain, is it good practice to ask how severe it is on a scale of 0 to 10.</td>
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<td>10. Facial expressions and vocalisations can indicate if a resident is experiencing pain.</td>
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<td>11. A resident was taking an average of 30mg of oral morphine every 24hrs. Now that he cannot swallow the GP has changed the order to morphine 30mg/24hrs via a subcutaneous infusion pump. This is an appropriate order.</td>
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<td>12. Every resident who cannot eat or drink should be fed through a tube (e.g. PEG gastrostomy).</td>
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<td>13. Pineapple juice on a mouth swab is an effective way of treating a dry but otherwise clean mouth for residents who cannot swallow anymore.</td>
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<td>14. A resident has not responded to environmental or nursing interventions for her delirium. A benzodiazepine would be the most appropriate drug to control hallucinations.</td>
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<td>15. A combination of changes in breathing patterns, decreased consciousness and irreversible weight loss may be signs of approaching death.</td>
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