CareSearch Project Research Studies Register: Registration Proforma	0139

Study Title: Acceptance and valued-living in palliative care patients, caregivers and significant others

Brief description of the study: People who provide care and support to palliative care patients experience many difficult thoughts and feelings about their situation, and these can often make it hard to do what is important to them. In this study we will test whether a skills-based booklet can help caregivers and significant others cope better with their situation. We will also look at how individual coping among patients, caregivers and significant others affects those in the network.

Study Methodology: (Please mark with an x which type of study methodology)

	Epidemiology
	Health Services / Health Economics / Quality Improvement
	Qualitative, Observational or Descriptive
	Mixed Method
	Systematic Review
X	Intervention: RCT
	Intervention: Comparative or cohort study
	Intervention: Case series

Project details:

Funding source (Optional): Illawarra Cancer Carers

Has the study received ethics approval?	**X**	Yes		No		Not applicable
Project starting date: 3/03/2014						
Project completion date: 16/04/2014						
Multi site:		Yes	**X**	No		Not applicable

RESEARCHERS

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(Name)	
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Associated publications / reports: Davis EL, Deane FP, Lyons CB (2014). Acceptance and valued-living as critical appraisal and coping strengths for caregivers dealing with terminal illness and bereavement. *Palliative & Supportive Care*, 30, 1-10. Davis EL (2014, April 14). An Acceptance and Commitment Therapy (ACT) self help program for family and friends of palliative care patients. *eHospice*. Url: http://www.ehospice.com/australia/ArticleView/tabid/10688/ArticleId/9909/language/en-GB/View.aspx	
Topics (Admin only): Caregivers, Education and training	