CareSearch Project Research Studies Register: Registration Proforma	0070

Study Title: Managing diabetes at the end of life

Brief description of the study:

The overall aim of the project was to improve the quality of palliative care delivered to people with diabetes at the end of life.

The specific objectives of the project were:

- To develop clinical guidelines for managing diabetes in palliative care patients with a focus on end of life stages (stable, unstable, deteriorating, and terminal).
- To implement the clinical guidelines in a palliative care setting.
- To assess the effectiveness and acceptability of the clinical guidelines and further refine them as appropriate.

This project comprised five stages:

1) Literature review.

2) Individual interviews with people with diabetes at the end of life, their family members and palliative care heath professionals who used the Guidelines.

3) Development of Guidelines for managing diabetes at the end of life.

4) Implementation of the Guidelines.

5) Evaluation of the Guidelines.

Study Methodology: (Please mark with an x which type of study methodology)

	Epidemiology
	Health Services / Health Economics / Quality Improvement
	Qualitative, Observational or Descriptive
X	**Mixed Method**
	Systematic Review
	Intervention: RCT
	Intervention: Comparative or cohort study
	Intervention: Case series

Project details:

Funding source (Optional): Nurses Board of Victoria Ella Lowe Grant						
Has the study received ethics approval?	**X**	Yes		No		Not applicable
Project starting date: January 2009						
Project completion date: January 2010						
Multi site:		Yes	**X**	No		Not applicable

RESEARCHERS

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Investigator E (Name)	

Associated publications / reports: The Guidelines were launched at the Palliative Care conference: *Innovations: Updating Professional Practice in Palliative Care* By Dr James Tulsky, Professor of medicine and Nursing, Director of Palliative Care, Duke University, Durham, NC, USA.

Copies of the Guidelines and the Accompanying technical document were distributed at the conference.

The full report is completed and was submitted to the funding body.

Papers are in preparation; the first concerning the methodological and ethical issues conducting research in vulnerable people receiving end of life care is under review.

Topics (Admin only) Non-malignant diseases