CareSearch Project
Research Studies Register: Registration Proforma

0051

Study Title: Improving the psychological wellbeing of family caregivers of home based palliative care patients: a randomised controlled trial.

Brief description of the study:

Family caregivers want information that prepares them for .what is involved in supporting a dying relative, on how to provide patient comfort, practical needs and strategies to minimize their own psychological burden. Our study specifically responds to these identified needs by evaluating a home based intervention that aims to enhance the psychological well-being of family caregivers. Family caregivers will receive two home visits from a palliative care nurse, written resources and phone support. A care plan will be developed in partnership with the local palliative care service. The project will be evaluated using a randomized controlled trial.

Study Methodology: (Please mark with an x which type of study methodology)

	Epidemiology
X	**Health Services / Health Economics / Quality Improvement**
	Qualitative, Observational or Descriptive
	Mixed Method
	Systematic Review
	Intervention: RCT
	Intervention: Comparative or cohort study
	Intervention: Case series

Project details

Funding source (Optional): National Health and Medical Research Council

Has the study received ethics approval?	**X**	Yes		No		Not applicable

Project starting date: January 2008

Project completion date: January 2011

Multi site:	**X**	Yes		No		Not applicable

RESEARCHERS

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Associated publications / reports:

Topics: Caregivers, Settings of Palliative Care