Caring Safely at Home
palliative care education for caregivers

Preparing and Giving a Subcutaneous Injection
Competency Checklist

Name:

		Carer Competent
1. Understands why it is necessary to wash and dry hands.		☐
2. Is able to assemble equipment into a clean container.		☐
3. Is able to attach a needle to a syringe.		☐
4. Is able to open plastic and glass ampoules.		☐
5. Is able to draw up the correct amount of appropriate medication(s) from an ampoule into a syringe and label it correctly.		☐
6. Is able to give an injection into the cannula by either: • Using a no needle technique, or • Using a blunt needle technique.		☐
7. Understands how to check the injection site for redness, tenderness, swelling or leakage.		☐
8. Is able to record accurately the medication that was given.		☐
9. Is able to safely store and safely dispose of any unused medications.		☐
10. Has the contact number of the nursing service/doctor.		☐

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