# Study Title

Acceptance and valued-living in palliative care patients, caregivers and significant others

## Brief description of the study

People who provide care and support to palliative care patients experience many difficult thoughts and feelings about their situation, and these can often make it hard to do what is important to them. In this study we will test whether a skills-based booklet can help caregivers and significant others cope better with their situation. We will also look at how individual coping among patients, caregivers and significant others affects those in the network.

## Study Methodology

(Please mark with an x which type of study methodology)

- Epidemiology
- Health Services / Health Economics / Quality Improvement
- Qualitative, Observational or Descriptive
- Mixed Method
- Systematic Review
- **Intervention: RCT**
- Intervention: Comparative or cohort study
- Intervention: Case series

## Project details:

- **Funding source (Optional):** Illawarra Cancer Carers
- Has the study received ethics approval?  
  - Yes  
  - No  
  - Not applicable
- Project starting date: 3/03/2014
- Project completion date: 16/04/2014
- **Multi site:**  
  - Yes  
  - No  
  - Not applicable

## RESEARCHERS

**Principal Investigator**    
Prof Frank Deane

**Contact Details**  
Illawarra Institute for Mental Health (B22), Northfields Avenue  
University of Wollongong, Wollongong NSW 2500  
Ph: +612 4221 4523  
Email: fdeane@uow.edu.au

**Investigator B**  
Dr Geoffrey Lyons
Investigator C  
Ms Esther Davis

Investigator D  
Dr Greg Barclay

**Associated publications / reports:**


**Topics (Admin only):** Caregivers, Education and training