Dyspnoea

CARESEARCH®
palliative care knowledge network

Tools and resources on dyspnoea for use in clinical practice, education and training

Access this resource

[Breathlessness in palliative care]
Guidance by Therapeutic Guidelines to inform treatment of dyspnoea at end of life (subscription required)

Watch this video

[Introduction to management of dyspnoea in palliative care (11 min)]
Watch this CareSearch video where Prof David Currow outlines management strategies for GPs

Utilise this resource

[Improving breathlessness at home]
Provide this information by Cancer Council NSW to cancer patients experiencing dyspnoea that gives practical strategies to improve symptoms at home

Listen to this podcast

[Managing breathlessness when cancer is advanced (18 min)]
Access this podcast by Cancer Council NSW for tips on managing breathlessness for clinicians, families or patients with dyspnoea

Watch this video

[Managing my breathing (3 min)]
Recommend this video by Asthma + Lung UK to palliative care patients and their families for techniques to help manage breathing when physically moving or lifting

Complete this tool

[Respiratory Disease Observation Scale (RDOS) (115kb pdf)]
A scale by Campbell to observe the intensity and related distress of dyspnoea symptoms in people receiving palliative care