

Handy teaching skills

Teach people at all ages	Most people learn about end of life throughout life. People with intellectual disability should have the opportunity to learn the same way.
Be clear and direct	Use words like 'die' or 'dead' rather than phrases such as 'kick the bucket' or 'gone up there'.
Expand the topic a bit more each time	Build on learning experiences by using them to introduce new information in a natural way.
Ask questions to check for understanding	Ask open questions to check that the person you are explaining end of life to understands what you have said.
Use everyday situations to start a conversation or activity	There are lot of everyday situations that can help start a conversation or activity. It is okay to go slightly out of your way to start a conversation about end of life.
Repeat ideas and activities often	You should repeat ideas and activities often, because end of life can include concepts that are hard to understand.
Teach a little bit at a time	Think about how you can break up big ideas into smaller parts.
Set up situations so the person can listen in	Having conversations in front a client is a way to introduce them to end of life topic, without them having to participate.
Encourage peer teaching	Encourage clients to teach each other about end of life.
Don't just talk about it, do it	Talking about end of life is important, but people learn best when they do activities that support them to understand.