



PHC pack contents

Primary health care is an important provider of care and support at the end of life. Ensuring that key palliative care steps are not missed, and processes are well documented is part of good practice.

If you are part of a general practice care team providing care at the end of life, these forms and checklists are for you.

CareSearch for GPs and primary care providers

A guide to the CareSearch GP and PHC Hubs and their resources.

Communication starters: Tips for initiating difficult conversations

People often find discussions about end of life and deteriorating health difficult. However, a discussion initiated by you can help people to plan for their future. Prior to an appointment with your client, use this form to prepare for these necessary conversations.

Recognising changing needs: Tools to help you identify changes

If you see clients regularly, it can be difficult to notice subtle changes in their condition. The SPECT and NAT-PD forms can help you systematically assess for deterioration in a person's health and to identify unmet supportive and palliative care needs.

Assessing carer needs: A form to guide discussions

Palliative care focuses on the quality of life for both patients and families. Carers often take on the role and demands of caring without consideration for their own health. This form can be given to the carer to complete and be used to guide discussions on their own health and wellbeing.

Addressing unanticipated needs: The PBS prescriber bag

A practical list of medicines that can be used for responding to unanticipated needs in the terminal phase.

Supporting a planned home death: The GP checklist

A checklist for GPs to help guide decision making, provide support to the patient and family, and flag issues needing to be addressed ahead of time.

MBS items supporting a planned primary health care palliative care pathway

MBS items for GPs, nurse practitioners, and allied health professionals linked to patient palliative care pathways and activities in the home and residential aged care settings.

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