



### Nurses pack contents

With increasing numbers of people with chronic illness and older people approaching the end of their life, all health professionals will need to help with palliative care. Often this will be in the community setting.

To help nurses provide community-based palliative care, we have brought together this pack of resources.

#### A guide to using CareSearch for Nurses

Relevant CareSearch information for nurses working in the community.

#### Recognising the need for palliative care: Tools to help you identify changes

It can be more difficult to notice subtle changes in a regular client's condition. Use these tools to assess for deterioration and to identify unmet supportive and palliative care needs:

- SPICT Tool
- SPICT4ALL Tool
- NAT-PD Tool

#### Communication with patients, carers, and families

Communication with patients at end of life is essential for planning and decision-making. It can also be hard. This sheet has tips on what to say and how.

#### Abbey Pain Scale

Pain is one of the most common symptoms in palliative care. This scale can help you monitor changes in pain status when caring for people with dementia or patients unable to state their needs.

#### Needs Assessment Tool for Carers of People with a Chronic Condition (NAT-CC)

A form to help carers to identify their own care needs to discuss with their GPs.

#### Medicines from the PBS prescriber bag for terminal phase symptoms

A practical list of medicines that can be used for responding to unanticipated needs in the terminal phase.

#### Responding to grief, bereavement, and loss

A set of tips for nurses on recognising and responding to grief and loss reactions.

#### Personal and professional practice

- Self-care plan for nurses
- MBS items for nurse practitioners

Use the QR code to download or order additional copies of these resources

[caresearch.com.au/resourcepacks](https://caresearch.com.au/resourcepacks)

