

# My community profile and practice reflection

This is my community: \_\_\_\_\_

First, visit the [QuickStats map](#) in the CareSearch Diversity Hub pages for Health Professionals. Use the data from QuickStats to understand who is in your community. Enter your community postcode and then click 'GO'. This will show you age groups, languages spoken, country of birth, employment, and more for that suburb or area.



Use the form below to develop a profile and print or email this to yourself or move onto the reflection questions:

**My Community Name** \_\_\_\_\_ **Postcode** \_\_\_\_\_

**Total number of people** \_\_\_\_\_

**Number unemployed** \_\_\_\_\_

**Number of Aboriginal and/or Torres Strait Islander people** \_\_\_\_\_

**Proportion of community members aged 65+ years** \_\_\_\_\_

**Country of birth outside Australia:**

Country of birth \_\_\_\_\_ Number of people \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Main religion/religious status:**

Main religion \_\_\_\_\_ Number of people \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Languages, other than English, spoken at home:**

Language \_\_\_\_\_ Number of people \_\_\_\_\_

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\_\_\_\_\_

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**Reflect on what you have learnt about your community:**

Does the diversity in your community match the people you see in your practice?

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Does your care service meet the cultural needs of your community?

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What barriers may be preventing people from accessing your care service?

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How might the diversity in your team influence the palliative care your service provides?

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**Here are some steps you can take to improve access to care for diverse communities:**

1. Read the [Aged Care Diversity Framework](#). This guidance relates to meeting the diverse needs of older people. Locate your organisations diversity plan.
2. If you are unable to find a Diversity Plan, the Australian Government Department of Health provide this [sample of a diversity plan \(161kb pdf\)](#) to use for guidance. Use this to suggest a workplace improvement with your organisation.
3. Record which languages you need resources in.



**Hints:**

Go to [caresearch.com.au/HPDiversity](https://caresearch.com.au/HPDiversity) to access ABS QuickStats.

CareSearch has a list of resources about palliative care including in other languages.