## A guide to using CareSearch for Nurses



People with a life-limiting illness and/or approaching death often look to nurses for support. The <u>CareSearch Nurses Hub</u> provides nurses with evidence-based information and resources.

## Here are some ways the Nurses Hub can help

- 1. Talking about end of life can be hard. <u>Communication with patients, carers, and family</u> provides guidance on what you can say.
- 2. <u>Communication within the care team</u> has practical tips for case conferences, handovers, and interdisciplinary team meetings.
- 3. Managing symptoms is an important part of palliative care. You can find information on how to recognise, assess, and manage <u>ten commonly experienced symptoms and issues</u>. Each symptom page has a My CPD reflection form for you to record your learning.
- 4. The <u>Planning and coordinating care</u> pages provide practical information on end-of-life nursing care.
- 5. Careful <u>assessment</u> is key to <u>recognising deterioration in a person's health</u>. CareSearch has information and interactive versions of validated tools to help.
- 6. Palliative care represents a unique population and off-label use of medicines is common. The Nurses Hub <u>Medicines management</u> section can help and, for terminal phase prescribing, visit our palliAGED section Symptom Management.
- 7. A syringe driver is often used when a person can no longer swallow. For information including on using syringe drivers visit the <u>Syringe drivers</u> page.
- 8. Good <u>end-of-life care</u> supports someone to have a good and dignified death. It also involves caring for the family during the terminal phase and providing respectful <u>after-death care</u>.
- 9. Loss is a universal part of the experience of life-limiting illness and old age. This section can help you recognise and respond to needs at this time.
- 10. This repository of <u>forms, checklists and tools</u> can assist you in providing and documenting palliative care. These may be downloaded for free.

Visit the CareSearch Nurses Hub



