

Chart of Breakthrough medicines

Patient details	
Surname.....	
Title.....	
Given names.....	
DOB.....	MRN.....
Address.....	
Suburb.....	
Postcode.....	

About Breakthrough Medicines

Breakthrough symptoms occur for many reasons in people with palliative care needs. This includes symptoms like pain, nausea, breathlessness, and anxiety. Sometimes these symptoms ‘break through’ the stable control of symptoms that you might usually experience. Your prescriber may prescribe additional medicines to be used as a ‘rescue dose’ in case this happens. It is important that you follow the advice given to you about treating breakthrough symptoms. Letting your care team know how much and how often breakthrough medicine is needed helps with management of your symptoms. You can use this chart to keep track of any breakthrough medicine that you or the person you are caring for takes.

1. Medicine Name:

Strength:

How much and how often to be given:

Reason for taking:

Date							
Time							
Dose							
Time							
Dose							
Time							
Dose							
24-hour Total Dose							

2. Medicine Name:

Strength:

How much and how often to be given:

Reason for taking:

Date							
Time							
Dose							
Time							
Dose							
Time							
Dose							
24-hour Total Dose							

3. Medicine Name:

Strength:

How much and how often to be given:

Reason for taking:

Date							
Time							
Dose							
Time							
Dose							
Time							
Dose							
24-hour Total Dose							