

Providing evidence-based information about palliative care for everyone because death and dying will affect all of us.

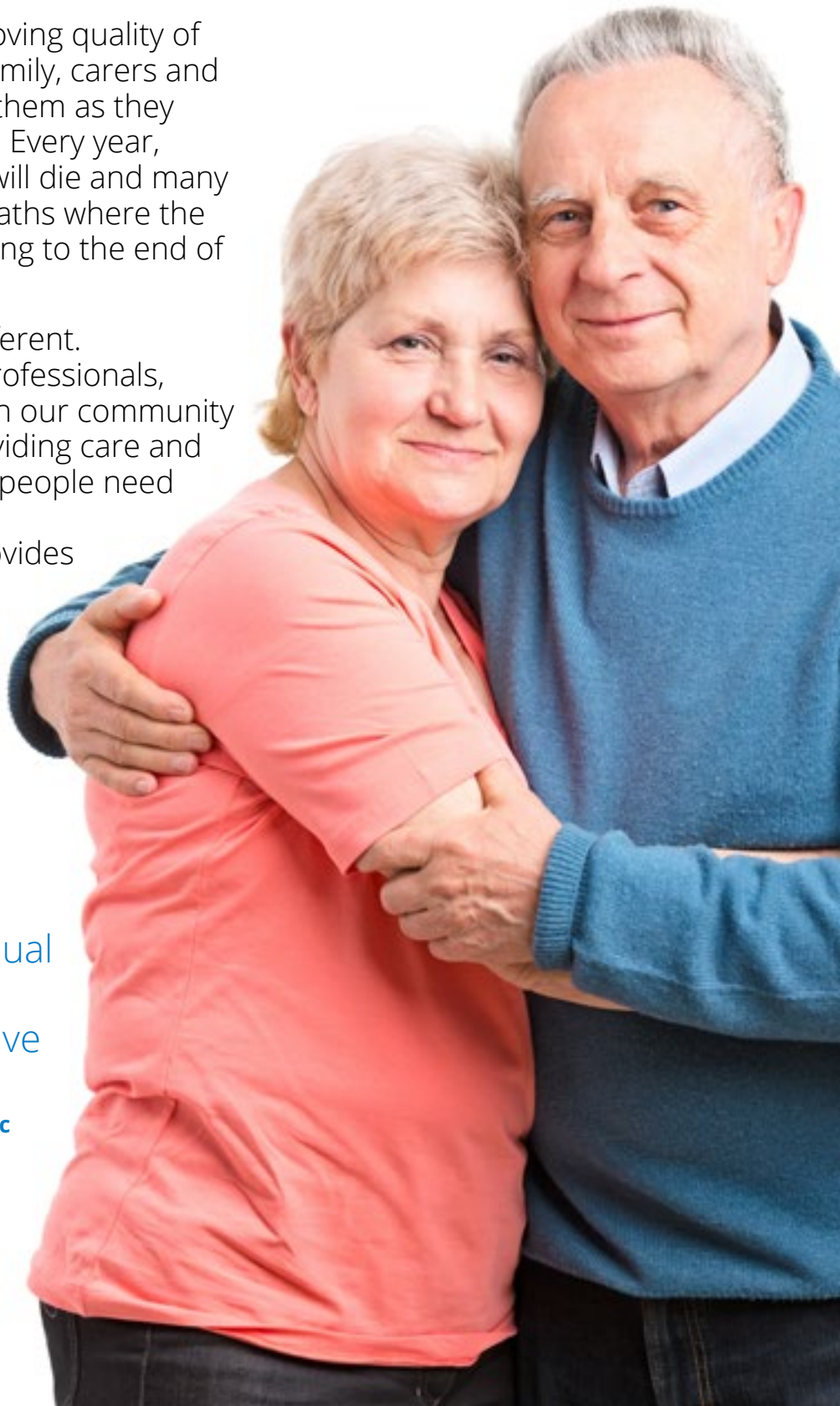
Everyone has a role in palliative care

Palliative care is about improving quality of life for individuals and the family, carers and friends who are supporting them as they come to the end of their life. Every year, more than 160,000 people will die and many of these will be expected deaths where the person knows they are coming to the end of their life.

Each person's needs are different. Family and friends, health professionals, aged care staff, and others in our community all have a role to play in providing care and support. To be able to care, people need access to relevant quality information. CareSearch provides evidence, information and practical palliative care resources for everyone involved in providing care or supporting someone at the end of life.

**"Everyone – health professionals, friends, neighbours, and individual citizens – have a role to play in providing palliative care."**

**Dr John Rosenberg, President, Public Health Palliative Care International**



## What's your role?

### I am a family member and provide care

- Families and friends provide vital support to someone with palliative care needs.
- This can involve emotional and physical care as well as practical support.
- [Our booklet](#) outlines what you need to know.

### I am a GP

- GPs are a first point of contact for many people with palliative care needs.
- GPs care for people in the community and in aged care and connect their patients with many health and community services.
- CareSearch has tools, patient materials, and [key points](#) to help you support your patients.

### I am an allied health professional

- Allied health professionals care for people with palliative care needs in specialist palliative care settings, acute and subacute inpatient settings and in the community and residential aged care facilities.
- [Finding out more about palliative care](#) is an important first step.

### I am a nurse

- Nurses are our largest health workforce.
- All nurses will be involved with providing care to people coming to the end of their life regardless of their practice setting. So all nurses need some palliative care knowledge and skills.
- Access our Nurses Hub with [palliative care resources](#).

### I work in aged care

- With an ageing population, aged care is increasingly caring for older Australians coming to the end of their life.
- Aged care workers need practical resources. Our [practice tips for nurses](#) and our [practice tips for careworkers](#) help you to care.



This resource has been produced under our **Part of Life** project which aims to help people understand what palliative care is and why it matters. Visit **[caresearch.com.au](http://caresearch.com.au)** for more information.