How CareSearch can help with Evidence Training in palliative care

CARESEARCH®

palliative care knowledge network

Evidence is an integral part of the common clinical investigation activities of Evidence Based Practice (EBP), Quality Improvement (QI), and Research. CareSearch Evidence Training hub helps you to understand and develop skills in the use of evidence as part of these activities.

Evidence Based Practice

Combining patient preferences, clinical experience, and evidence of what we know to make informed clinical decisions. Click on the Evidence Centre in the main menu. Next, click on Evidence Training and then Evidence Based Practice. These pages help you to understand, build skills, and practice EBP. As you work your way through the five steps of Build skills in EBP, Ask, Acquire, Appraise, Apply, and Assess, you will find examples and tips on what is needed and why. Here you can define practice questions and access search filters and evidence appraisal forms to help with examining the evidence.

Begin by using your question to select an appropriate mnemonic framework to develop an answerable question. Next look for relevant evidence and information in the resources highlighted in the 'Acquire' step to develop your understanding of the issue. Then in the 'Appraise' section consider the quality of this information before making any recommendations about how or whether to 'Apply' this in practice.

Quality Improvement

A continuous process to improve health outcomes for patients, health system performance, and practice of health professionals. Click on Evidence Training and then Quality Improvement.

Understanding the purpose of QI helps to place this in perspective relative to clinical practice. This page also introduces the QI cycle that underpins efforts to bring about change and the commonly used Plan, Do, Study, Act (PDSA) model used to implement these changes. If you have already defined the change needed, then you can move onto the Build Skills in Quality Improvement pages to learn about existing models that might be appropriate for your project and context. Here you will also find help with reporting and appraisal of QI projects.

Research

Generating novel findings to further our knowledge. Click on Evidence Training and then Research. In these pages you will find an introduction to research in palliative care. Research is the basis of evidence, and in palliative care it mirrors the complexity and diversity of care in practice. The Practice Research page lists Australian palliative care research groups.

Visit CareSearch Evidence Training

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Flinders University