



## Tools and resources to help you understand and address patient autonomy, dignity, and enable choice

### Fill in this tool

#### [The Patient Dignity Inventory](#)

This inventory by Dignity in Care measures sources of dignity-related distress among people receiving end-of-life care

### Complete these steps

#### [How to engage in shared decision making \(638kb pdf\)](#)

Use Queensland Health toolkit with the clinician team to promote effective shared decision-making

### Stay informed of laws

#### [Treatment decisions](#)

Understand the legalities of treatment decisions in each Australian state and territory by QUT End of Life Law in Australia

### Watch this podcast

#### [Dignity at the End of Life: A Podcast with Harvey Chochinov \(50 min\)](#)

A podcast by GeriPal that defines dignity in end-of-life care. Discusses the Patient Dignity Question (PDQ)

### Access these resources

#### [Care Companion resources](#)

Interact with this Queensland Health suite of resources that guides patient decision-making across different care settings

### Optimise your learning

#### [Intimacy and Sexuality Expression Preference Tool \(ISEP\)](#)

Support open discussions in residential aged care facilities using this Australian evidence-based tool