Culturally appropriate resources in palliative care

CARESEARCH®

palliative care knowledge network

We all have different backgrounds and experiences which shape how we understand and interact with services in our community. People from other cultures or who speak another language, Aboriginal and Torres Strait Islander people, or people who identify as LGBTIQ+ can find it difficult to navigate the health system and find the support they need.

Here are some ways that the CareSearch Community web pages for Diversity can help you to help people from diverse backgrounds in your care

1. For individuals - accessing palliative care – a series of pages you can recommend to clients wanting to know who can help with palliative care support. There are also links to resources developed to help them address some of the known barriers to care.

   You can introduce clients to palliative care in their own language using the Resources in your language page to connect with information in more than 50 languages.

2. For Health Professionals providing inclusive care begins with knowing your community. Here we make it easy for you to find out about the diversity within the community you care for and to use this to generate a Community Profile. Once you have done that check out some of the resources available to help address barriers to care that might be faced by some of your community members. Take time to reflect on your own background, beliefs, and practices.

   Next learn about some of the diverse populations and how culture can influence palliative care. Start by learning more about underserved populations and why access to palliative care is important for them. Find out how identifying with more than one group can make access even harder – intersectionality.

   Use our interactive world map to explore and reflect on how cultural backgrounds can influence responses to pain and palliative care. Then reflect on your Community Profile and start to develop a plan for how you and your team can build a more inclusive practice environment. Your own cultural influences are also important to consider.

   Where service or practice gaps are identified, create a workplace Diversity Plan.

Visit CareSearch Diversity Hub

To obtain further copies of this pack or other resource packs developed by CareSearch: Download or order printed copies at caresearch.com.au/resourcepacks

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