

Knowing how to choose trustworthy evidence

Every day we hear claims from news, marketing campaigns, and policy propositions.

But how do we work out what palliative care information is correct, trustworthy and reliable?

CHECK IF THE INFORMATION OR CLAIM IS:

Based on relevant, reliable and valid scientific studies



Reviewed by experts in the field



Linked to credible government, education and professional sources



Up-to-date



Written by, or came from, experts in the field



Check if authors have the relevant degree, affiliation and publications



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