palliAGED

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OPCC, 2025

Purpose

- How does palliAGED help aged care homes address the Strengthened Quality Standards and the 2024 Aged Care Act; and,

- How do we intersect & interact to provide a comprehensive support system.

Comprehensive palliative care needs to include Outcome 5.7 but is enacted within the whole set of standards.

Acknowledges the care context and the care team(s)

Starts with the person

Considers care over time

Recognises bereavement, grief and loss

Looks at interface between health, aged care, primary care and community sectors

palliAGED and aged care

At our heart is evidence.

palliAGED provides the aged care sector with access to active knowledge. We find the evidence on what matters and what works. We assess, synthesise and review with the sector for relevance and utility.

Evidence is organised for use by aged care staff and by services to build workforce capability and support systems and processes of care.

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PALLIATIVE CARE AGED CARE EVIDENCE

The Evidence Foundation

The Older Person
Culturally safe care
Intimacy and sexual expression
Dignity and respect
Person-centred care

Communication
Advance Care Planning
Talking about end of life
Care coordination
Voluntary Assisted Dying (VAD)

Care Needs
Grief and bereavement
Reducing care burden
Needs assessment
Spiritual Care
Nutritional Care
Symptom Management
Psychosocial care
Syringe Drivers
Recognising
Deterioration
Terminal Care

Complex Needs
Advanced dementia
Mental illness
Frailty
Multimorbidity

Service Considerations
Models of Care
The Care Environment
Quality Improvement
Workforce Wellbeing
Staff training and education

Topics were negotiated with the sector and are mapped to the standards. The evidence is contextualised for aged care and enable direct access to the evidence base. Each topic has a companion Improving Care page: What I can DO, What I can GIVE, What I can LEARN, What I can SHARE

Translated for use
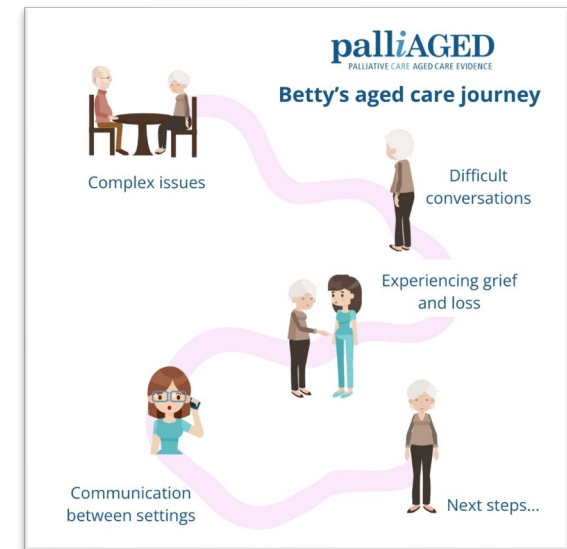
Preparing services

Website reconfigured to introduce **Supporting Services**

Focus on provider responsibilities

Actionable guidance on how to use resources to address Standards and Act

Suitable for Residential Aged Care and Support at Home Program

Mapped evidence resources

Facing the realities

Question of scale
Aged care +/- Healthcare
Multimorbidity, frailty, dementia
Residential aged care and
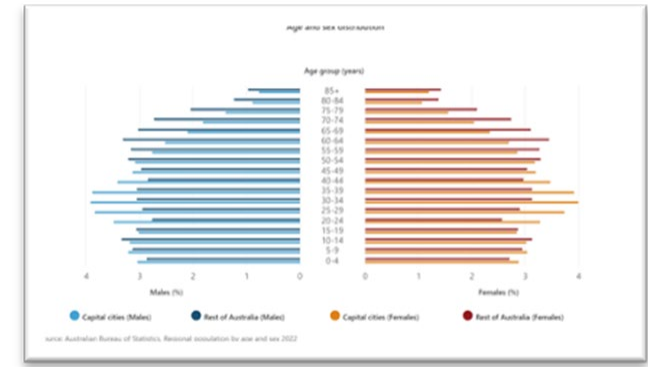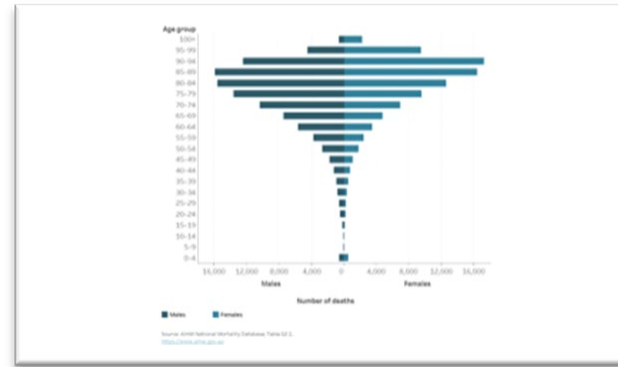Support at Home
Different funding streams,
workforce composition and
turnover
Digital and data agenda
Competing agendas and
priorities with 1 November

There's this huge, big baseline information that needs to be poured out and filled into every all the gaps and spaces. That's kind of where we're coming from at the moment. And then hopefully, at a point, there'll be some level of saturation

Enhancing intersection

Baseline: Inclusions in website and currency of inclusions) (eg Models of Care, Education resources)

Ongoing: Sharing updates through newsletters, LinkedIn, blogs, Working & Advisory groups

At the coalface: Cross promotion, sharing each other's information and resources
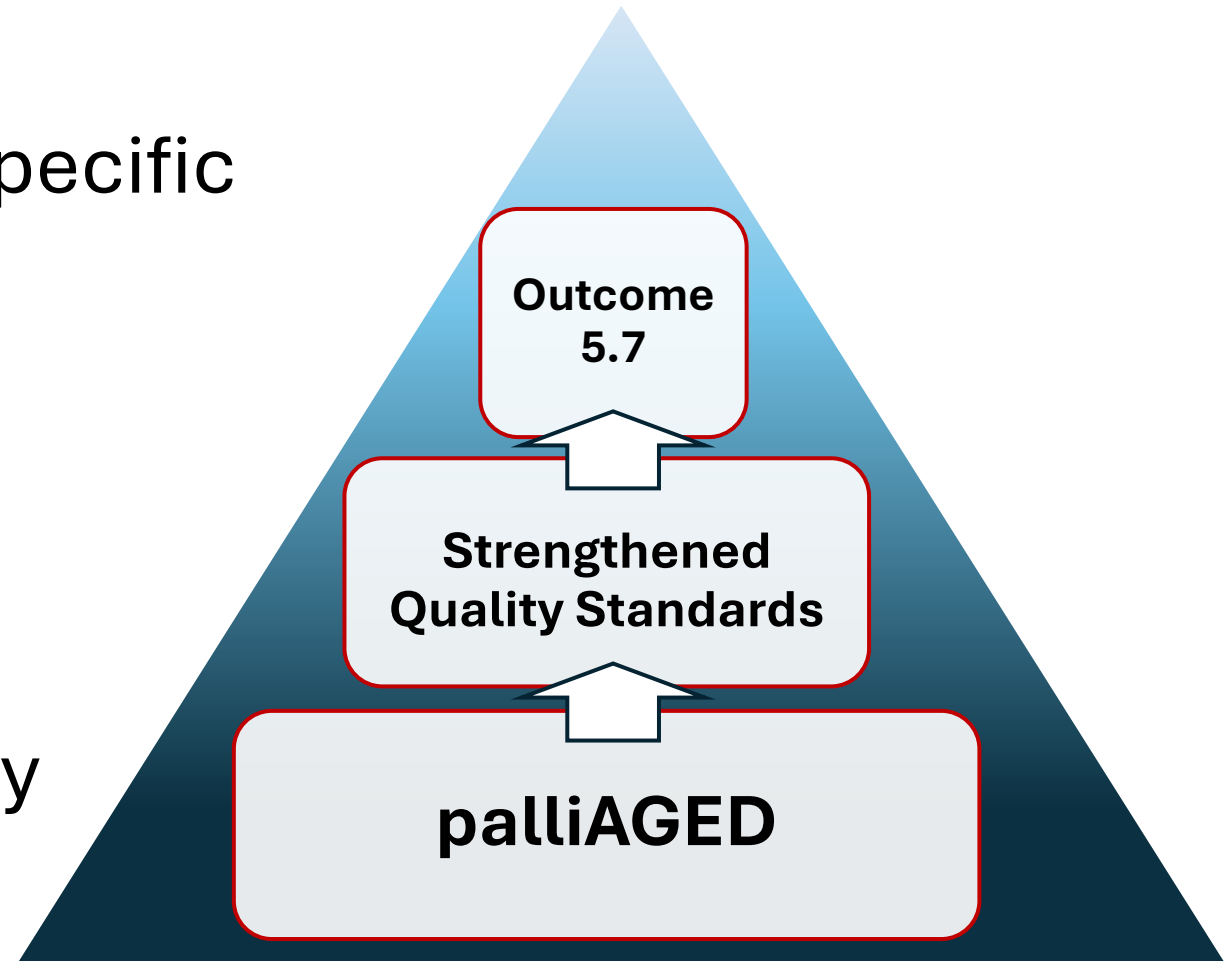
Partners: ELDAC & CareSearch; ELDAC &PEPA

Broader picture: Cross reliance on whole NPCP (eg ACPA, CarerHelp)

I also participated in ELDAC Linkages project which guided us to palliAGED and they sent the resources [initially]. And then I could order resources myself. So that's how I came to know about all the resources you have.

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Final message

- Outcome 5.7 sets the specific directions

- Strengthened Quality Standards provide the context and culture

- Sector change requires awareness, accessibility and coordination

Thank you

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