

# THE BULLETIN

Issue 1, 2019

**phn**  
BRISBANE SOUTH  
An Australian Government Initiative

## Aged Care Navigator Trials



### Aged Care Navigator Trials to empower Brisbane south communities using the aged care system

Brisbane South PHN is proud to announce our participation with COTA in a national project to help Australian seniors learn more about Government supported aged care programs and how to access them.

Minister for Senior Australians and Aged Care, Hon Ken Wyatt, recently launched the national Aged Care Navigator project which is testing different types of services and activities to help people to learn more about Government supported aged care programs and how to access them.

Through the project, Australian seniors will have an opportunity to provide feedback on their diverse needs to ensure better access and support to aged care services.

Brisbane South PHN CEO Sue Scheinpflug says the trial will centre on the organisation's key themes of "people and place".

"In keeping with the Australian Government's commitment to person centred care, Brisbane South PHN will work with community organisations to deliver seminars, phone support, and group and individual sessions across the Brisbane south region, with a targeted focus in the Cleveland-Stradbroke, Loganlea-Carbrook and Springwood-Kingston areas," Ms Scheinpflug said.

"The sessions will provide support for community members in need, which may include problem solving sessions, assistance with computer use with the My Aged Care website, phone referrals and community visits – in an attempt to empower seniors to use the aged care system confidentially,

"The trials will be delivered with a place based approach focusing on vulnerable groups, Aboriginal and Torres Strait Islander peoples and culturally and linguistically diverse communities,

**"We have a unique opportunity to build people's awareness about how to engage with the aged care system."**

Brisbane South PHN will join 31 consumer-focused organisations, who will begin 62 Aged Care Navigation trials across Australia.

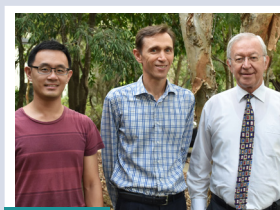
The trials will be delivered in all states and territories, including regional, rural and metropolitan locations.

The Aged Care Navigation trial will be funded until June 2020, with regular updates provided by Brisbane South PHN regarding events and activities.



#### PAGE 2

The link between nutrition, exercise and youth mental health



#### PAGE 3

SpotOnHealth HealthPathways exceeds 100 000 page views as new GP registrars log in



#### PAGE 4

Grants help deliver community-based health care projects





# YOUTH HEALTH FORUM

## The link between nutrition, exercise and youth mental health

**On Thursday 28 February 2019, Brisbane South PHN hosted a Youth Health Forum which saw almost 100 health professionals and youth organisations come together to discuss preventative measures and current practices in the mental health field.**

Did you know that mental illness in Australia is almost double the global average? Every year, one in five Australians will experience mental illness at some stage in their lives.

The Brisbane South PHN Youth Health Forum featured 14 guest speakers from a range of backgrounds, who provided information on the latest trends and evidence-based practice for service providers in the child and youth sector and options for referral pathways.

Guest speaker Copeland Winten of the Millennial Dietitian kicked off the Youth Health Forum with a presentation on nutrition and mental health. Copeland promotes a holistic approach specialising in mental health and provides consultations to headspace centres across Brisbane.

She spoke about the impact of nutrition on youth mental health and the importance of a weight-neutral, non-diet and person centred approach.

“Mental health is young people’s number one concern in regards to their health,” Copeland said.

“Nutrition can help aid in all health aspects.”

She said that dietary interventions have been found to aid in anxiety, depression, post-traumatic stress disorder, autism, bipolar and schizophrenia – from mild to severe cases.

Her main points for health professionals to offer someone experiencing mental health issues would be to:

- not ignore hunger and allow the body to get enough nutrients to create more serotonin
- eat a variety of nutrient rich foods including probiotic and prebiotic food
- ensure dietary consumption regularity
- seek the advice of a qualified dietitian.

Guest speaker Professor Alexandra Parker spoke on exercise and mental health and the holistic alternative to mental health treatment.

Professor Parker works as a Professor of Physical Activity and Mental Health at the Institute for Health and Sport at Victoria University and leads multidisciplinary research programs that aim to measure, understand and promote the link between physical activity and mental health.

“Starting with physical activity can help a young person engage in cognitive therapy,” Professor Parker said.

“By exercising, young people’s sleep can improve, energy increases and concentration improves.”

According to studies highlighted in her presentation, one third of all adults and 80% of adolescents worldwide are not engaging in enough physical activity.

Guidelines recommended from the Department of Health suggest children should accumulate at least 60 minutes of daily moderate to vigorous intensity physical activity, while adults should aim for at least 30 minutes per day.

The purpose of the forum was to highlight how focusing on the whole young person, and all the elements that may impact their mental health, can make improvements in their health and wellbeing.

**Brisbane South PHN holds a variety of education events for health professionals throughout the year. To stay up-to-date on our upcoming events, visit our education calendar at [bsphn.org.au/education](https://bsphn.org.au/education)**







*Pictured from left: SpotOnHealth HealthPathways Clinical Editor, Dr Vincent Lee; GPTQ District Medical Educator Coordinator, Dr Scott Preston; SpotOnHealth HealthPathways Clinical Editor, Dr Jim Griffin*

## SpotOnHealth HealthPathways exceeds 100 000 page views as new GP registrars log in

Forty new GP registrars in Brisbane's south can now access hundreds of local referral pathways to provide the most up-to-date advice for their patients via SpotOnHealth HealthPathways.

The registrars were provided orientation to the site at the recent General Practice Training Queensland (GPTQ) event for new GP registrars in the region.

SpotOnHealth HealthPathways is a web-based tool providing GPs and other primary health care clinicians in Brisbane south with access to assessment, management and referral information for over 550 conditions.

The project team works closely with local GPs to ensure the tool provides the most current information in a format that supports clinical decision-making during consultations. Clinical pathways are developed through collaboration between GPs and hospital specialists.

GPTQ has endorsed SpotOnHealth HealthPathways as a reliable, credible and sustainable source of online information that supports daily practice.

GPTQ District Medical Educator Coordinator for Brisbane south, Dr Scott Preston, said GP registrars are in great need of high-quality, evidence-based resources, especially when starting their training.

"SpotOnHealth HealthPathways is an easy to use platform linking directly to relevant referral websites and other useful online information sources.

We recommend registrars in Brisbane's south open the site at the start of every session in general practice," Dr Preston said.

As each new cohort begin their careers in practices across Brisbane south, more GPs are recognising the benefits of using SpotOnHealth HealthPathways in their daily practice.

"The tool is not only an excellent resource for new GPs in the region, it is also valuable for experienced practitioners," Dr Preston said.

"I often use the tool for professional development to learn more about treating patients with conditions that I'm not familiar with so I continue to provide my patients with the most appropriate ongoing care and advice."

**SpotOnHealth HealthPathways is a major integration initiative led by Metro South Health and Brisbane South PHN, in partnership with Mater Health and Children's Health Queensland.**

Since being established in 2017, almost 250 pathways have been localised for the Brisbane south region and 156 are currently under development.

If you would like more information about SpotOnHealth HealthPathways, visit [spotonhealth.org.au](http://spotonhealth.org.au) or contact [SpotOnHealth@health.qld.gov.au](mailto:SpotOnHealth@health.qld.gov.au).



**SpotOnHealth**  
HealthPathways  
Brisbane South

## Partners in Recovery (PIR) transition to the National Disability Insurance Scheme (NDIS)

The Partners in Recovery (PIR) program has been providing support to people who have severe and persistent mental health issues with complex needs, along with their carers and families, by coordinating support services to address their needs and improve health and wellbeing since October 2013.

After many years of success, the PIR program will be concluding on 30 June 2019 as part of the transition to the National Disability Insurance Scheme (NDIS). The NDIS is the new way of providing support for Australians with disability, their families and carers

Current participants will continue to be supported until June 2019, with eligible participants assisted with transitioning to the NDIS. Participants who have not transitioned to the NDIS by 30 June 2019 will be supported to transfer to alternative programs. PIR will work with existing participants to ensure the best available supports are in place.

From 1 March 2019, all new referrals to the PIR Intake team are now being closely managed. The PIR Intake team will primarily be focused on providing support to referrers on alternate service pathways for people living with severe and complex mental illness. During this transition period participant support remains the top priority.

For further information on intake and referrals please contact the Brisbane South PIR Intake team on **07 3441 3010**. For all other program related enquiries please contact the Brisbane South PHN PIR team on **07 3864 7555**.

For more information on the NDIS, [click here](#).



## Grants help deliver community-based health care projects

Brisbane South PHN and Metro South Health have once again collaborated to deliver the Living Healthier Lives Community Grants program to support local initiatives that improve health outcomes for communities in the Brisbane south region.

The program is open to eligible organisations that have existing or new projects that can contribute to our shared goal of a healthier community — keeping people living well in the community. We are particularly keen to hear from organisations that have projects that will help reduce unnecessary public hospital admissions for Metro South Health facilities. Classified as potentially preventable hospitalisations (PPH), these are conditions where it is considered that hospitalisation may have been avoided if the patient accessed timely preventative health interventions and early disease management in non-hospital (community) care.

### Living Healthier Lives Community Grants

**Applications close:**  
Thursday 1 May 2019

» Apply today!

**phn**  
BRISBANE SOUTH  
An Australian Government Initiative

**Metro South  
Health**

 **Queensland  
Government**

**Applications close Thursday 1 May 2019. Further information and detailed instructions for applying for the grant can be found by [clicking here](#). Apply today!**





## Supporting connection in older age

Did you know that in Queensland almost 10 per cent of people over 65 are socially isolated, with another 12 per cent of older Queenslanders at risk?

Research shows that social isolation is a greater health risk than smoking and can contribute to disrupted sleep, elevated blood pressure, increase in stress hormones, reduced immunity, increased depression and a lower overall subjective wellbeing. Lone person households in Australia are expected to grow – with a predicted reach of 3.4 million by 2036, in comparison to 2.1 million in 2011.

The Bolton Clarke Research Institute is building on its work to combat social isolation by hosting a Connection in Older Age Symposium in April 2019. “We are hoping by hosting this symposium we can raise awareness, share what the research is showing us about loneliness and its consequences and look at some of the interventions that are being trialled to build connections” said Senior Research Fellow Liz Cyarto.

**To find out more and register to attend, go to <https://www.boltonclarke.com.au/symposium>.**

## New online Life Check for older Australians

A free online Life Check, More Choices for a Longer Life, has recently been launched by the Federal Government which aims to help Australians live longer, better lives.

More Choices for a Longer Life is available for all Australians aged 45 and over and covers four key areas – health, work, finance and social life.

The Life Check health section focuses on risk factors for preventable disease, with research showing almost nine out of 10 people aged 65 and over are living with at least one of eight chronic diseases.

The Life Check aims to provide Australians with a clear picture of how they are tracking and ways in which they can prepare for the future – whether that be through encouragement or accessible resources.

Minister for Senior Australians and Aged Care Ken Wyatt AM says taking the quiz is a positive step to improve aspects of your life you are concerned about.

“We should be aiming to live well to 100 or more, we’re already living 25 years longer than we did a century ago and we owe it to ourselves, our families and the nation to live the best we can” Minister Wyatt said.

**To take a Life Check, visit <https://lifechecks.gov.au>**

## Stop asking the wrong question about lung cancer

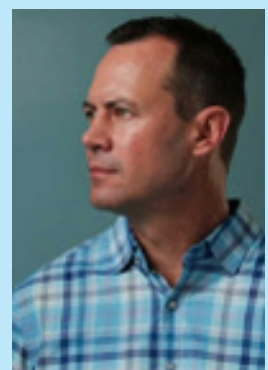
Lung Foundation Australia is asking for a fair go for lung cancer with the launch of a compelling campaign. Every hour, an Australian watches a loved one die from lung cancer. Instead of support, most face stigma from a community that blames them for having their disease.

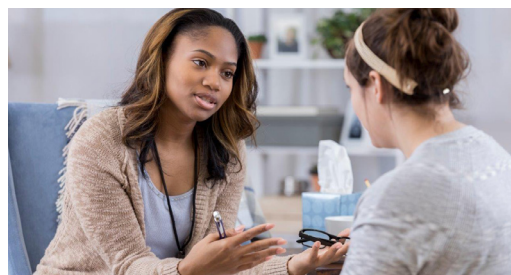
Australians have spent too long asking the wrong question about lung cancer. It doesn’t matter whether or not someone smoked. Instead, we should be asking the

right questions – why aren’t people living with lung cancer getting a fair go when it comes to research, treatment and support?

It ends today. This conversation needs to change, and Lung Foundation Australia is asking for your support. Nobody deserves to have cancer, regardless of what type.

**To hear the powerful stories of the faces of the campaign and share with your networks, visit [FairGoForLungCancer.org.au](http://FairGoForLungCancer.org.au).**





## Gain client referrals through national eating disorders helpline

Australia's Butterfly Foundation National Helpline, an eating disorder tele-health service which receives more than 12 000 consumer contacts a year, is calling for more practitioners and services with a basic understanding of eating disorders to apply to be on their database.

Eating disorders affect more than 9% of Australians in their lifetime and the rate is increasing, resulting in greater need for health services that understand how to treat this serious mental illness.

"It can be a challenge for those contacting the helpline to find practitioners that have an understanding of eating disorders, which can result in them disengaging from the help-seeking process," said Amelia Trinick, Acting Manager, Butterfly National Helpline.

"This is why the Butterfly National Helpline refers people experiencing eating disorders and their families onto health services or practitioners we have screened for a basic understanding of eating disorders," said Ms Trinick.

General Practitioners, psychiatrists, psychologists, dietitians, counsellors, dentists, other clinicians and allied health practitioners from private, public and community services with a basic understanding of treating eating disorders are encouraged to [find out more and apply](#).

## Did you know that people living with epilepsy may be eligible for the NDIS?

Although not recognised as a condition with an automatic eligibility to the NDIS, depending on the functional impact that the epilepsy has on the person's life in the areas of mobility, communication, social interaction, learning, employment, self-care or self-management, a person may be eligible for support under the NDIS.

### Accessing support

If a person was previously receiving state based funding, they may have a streamlined eligibility and access process. They will need to contact the National Disability Insurance Agency on **1800 800 110**.

Alternatively, if a person has not previously received state based funding, they will need to apply for the NDIS by completing the Access Request Form. This can be obtained by phoning the NDIA on **1800 800 110**.



### A few tips for health professionals

- Please remember, that the access and eligibility focus is on the functional impact (of a person's diagnosis on their life, rather than the medical impact of their diagnosis). For example:
  - diagnosis: neurological disability/epilepsy
  - medical impact: experiences regular seizures
  - functional impact: requires assistance from support staff for activities of daily life/unable to gain employment/unable to independently access the community due to regularity of seizures etc.
- An occupational therapist may be required to develop a report identifying the functional impact. A person may be eligible for a Primary Health Care Plan through the GP for this assessment.
- There is a financial scheme available for people who are unable to fund the necessary reports to support their access and eligibility. Refer to: Disbursement Support Scheme.

For more information, please contact Leonie Hogarth, Services Development Officer, Epilepsy Queensland on 07 3435 5000 or [lhogarth@epilepsyqueensland.com.au](mailto:lhogarth@epilepsyqueensland.com.au)





## Establishing a Lived Experience Workforce Community of Practice – Brisbane South PHN region

Brisbane South PHN is delighted to introduce a Lived Experience Workforce Community of Practice (pilot project) for those who work or volunteer in community based organisations within the Brisbane South PHN region.

The aim of the pilot project is to build a foundation for a Lived Experience Workforce Community of Practice to grow and flourish in the Brisbane south region. This project is funded until 30 June 2019 to:

- be co-designed with people with lived experience who are engaged with organisations either in a voluntary or paid capacity
- encourage collaboration within the Brisbane south region
- build capacity of emerging peer leaders wherever possible
- complement other organisational support practices
- develop a flexible framework to meet the needs of different areas within the region.

Brisbane South PHN have engaged [Campfire Co-op](#) and [Red Thread Stories](#) Inc to assist in developing the project and seek support from key partners.

You can assist us by:

- identifying potential participants who work or volunteer in your or other community organisations in the Brisbane South PHN region who may benefit from a Community of Practice
- sharing the invitation to our co-design event on Tuesday 26 and Wednesday 27 March 2019
- offering these participants time to attend the event. Travel expenses need to be covered by the participant or their organisation.

---

**The primary focus will be on inviting individuals who work or volunteer in community organisations in the Brisbane South PHN region who are largely unsupported or may not be in a lived experience identified work role.**

---

We acknowledge the expertise and knowledge of peer workers from mental health services and they will be very welcome to contribute and participate. Please note that voluntary participation is important.

**For additional information, please contact:**

Jen Barrkman [jen@barrkman.com](mailto:jen@barrkman.com) 0405 110 955

Mel Geltch [mel@campfire.coop](mailto:mel@campfire.coop) 0400 412 498

## Commonwealth funded Interpreter Services for the Psychological Services in Residential Aged Care Facilities (RACF) program

PHN commissioned allied mental health providers delivering services within RACFs have now been provided access to the free Telephone Interpreter Services in place under existing arrangements for aged care.

To access the services, each RACF has a code to access Commonwealth funded interpreter services for supporting residents from diverse cultural and linguistic backgrounds to access treatment services (other than daily living) in their preferred language. Under this arrangement, PHN commissioned allied mental health providers will be able to use the respective RACF's access code when delivering services under this measure.

**A pamphlet is now available for allied mental health providers delivering services within RACFs, and outlines the process and key information needed for providers to access these services. [Click here to access.](#)**



## Improving end of life care in Brisbane south

A very successful 'Improving End of Life for Residential Aged Care' conference was recently held on 7 February 2019 at the Calamvale Hotel Conference Centre. The all day conference brought together representatives from aged care facilities and the Metro South Palliative Care team involved in developing and implementing the next phase of the [Improving End of Life for Residential Aged Care](#) initiative.

The aim of the initiative is to improve end of life outcomes for residents in Residential Aged Care Facilities (RACFs) by embedding a sustainable, resident-centred, evidence-based, end of life care clinical model into routine clinical practice. The initiative is focusing on improving resident, family and staff satisfaction with care and increased numbers of people dying in their place of choice.

The conference had a range of speakers and panel discussions which included a presentation on 'palliAGED Translating Evidence into Every Day Practice'. [palliAGED](#) is a free online evidence-based information and resource for health and aged care professionals as well as patients, carers and families. The resources are available 24/7 to ensure everyone has access to reliable trustworthy information related to end of life and palliative care. Key practice topics were discussed including advanced care planning, communication, symptoms and medicines and information for the community and specific needs groups.

Information is also available on the [palliAGED apps](#) to provide support for GPs and health professionals caring for older people living at home or in residential care.

Older people and improved access to end of life care have been identified as priority areas as part of the Brisbane South PHN strategic planning and Needs Assessment process. Brisbane South PHN is one of 11 PHN's funded under the Commonwealth Government's '[Greater Choice for At Home Palliative Care](#)' measure, which aims to improve the provision of palliative care and end-of-life services in the region.

---

**The team is currently planning the program and focusing on using evidence-based approaches and co-design activities. Brisbane South PHN is also partnering with Metro South Palliative Care Service (MSPCS) in an initiative that will support residential aged care facilities (RACFs) to provide high-quality end of life care for residents and their families.**

---

To keep updated about the programs or for further information contact Program Officer – Palliative Care Eden Malama at Brisbane South PHN on **07 3864 7526**.

**palliAGED resources can be accessed at**  
[www.palliaged.com](http://www.palliaged.com)

## Heart Foundation launches Heart Age Calculator

In an effort to get more people thinking about their personal risk of heart disease, the Heart Foundation has launched a new Heart Age Calculator located on the [Heart Foundation's website](#).

The Heart Age Calculator asks questions about age, sex, smoking and diabetes status, Body Mass Index, cholesterol levels, blood pressure (BP) levels and BP medication, and whether there is an immediate family history of heart attack or stroke. If the calculator determines a consumer's heart age is higher than their actual age, it recommends they see their doctor for a heart health check. The calculator is not a clinical tool and the Heart Foundation recommends doctors or health professionals use the Absolute CVD Risk Assessment tool to complete a heart health check.





## CHECK TODAY. SEE TOMORROW

### Resources to promote the importance of regular eye checks for people with diabetes

'Check Today, See Tomorrow' resources have been developed to increase awareness about diabetes eye care and the need for Aboriginal and Torres Strait Islander people with diabetes to have a yearly eye check to help prevent vision loss and blindness.

**Diabetes is a leading cause of vision loss and blindness for Aboriginal and Torres Strait Islander people. However, up to 98% is preventable**

Primary care providers such as Aboriginal health workers, nurses, doctors, diabetes educators and those working with Aboriginal and Torres Strait Islander people are well placed to pass on eye health messages to people with diabetes and to help prioritise eye health within chronic care.

The 'Check Today, See Tomorrow' resources include brochures, posters, patient education tools including a flip-chart, and a variety of engaging multimedia including music videos, TV and radio ads and personal stories. There is also an information sheet that includes tips and ideas on how to best use and adapt the posters and resources.

You can order or download the free 'Check Today, See Tomorrow' resources on the Indigenous Eye Health website [www.iehu.unimelb.edu.au](http://www.iehu.unimelb.edu.au) (under diabetes eye care).

The 'Check Today, See Tomorrow' Facebook Page provides regular updates on diabetes eye care and showcases the work of the 'Check Today, See Tomorrow' campaign from communities across Australia. Like the ['Check Today, See Tomorrow' Facebook Page](#) to stay informed.

# Positions vacant

For more information: [www.bsphn.org.au/careers/primary-healthcare](http://www.bsphn.org.au/careers/primary-healthcare)

## GENERAL PRACTITIONER

### VR GP – Greenslopes (Posted 7 March)

Friendly, privately run, mixed billing clinic in Greenslopes is looking for a P/T VR GP, who will also work in a dedicated skin clinic one day a week. Position is six months minimum to cover maternity leave with possible view to extending. Email interest to Gina at [practicemanager@gfpgreenslopes.com.au](mailto:practicemanager@gfpgreenslopes.com.au)

### VR GP – Marsden (Posted 7 March)

Doctors on Fifth is seeking a VR GP to join our practice. We have a substantial patient base and have a focus on chronic disease management and continuation of care. We are open 7 days per week with the flexibility to choose what hours and days you want to work. We are always moving forward to improve our growing practice. We offer RN support on week days and have allied health visits. For further details and to express your interest, please email [practice.manager@doctorsonfifth.com.au](mailto:practice.manager@doctorsonfifth.com.au) or phone our practice manager on **0499 100 165**.

### GP – Carina (Posted 4 March)

Join our supportive team at Meadowlands Medical Carina. In taking over an established community practice we are looking for a proactive GP with the x-factor to maintain and build on the excellent standards our patients have come to expect. We operate Monday to Friday 9am – 5pm with no weekend work or home visits. Contact [reynard.ng@meadowlandsmedical.com.au](mailto:reynard.ng@meadowlandsmedical.com.au) or ring **0468 368 627**.

## NURSE

### Registered Nurse – Capalaba (Posted 7 March)

We are looking for an experienced registered nurse to join our friendly team part-time at our Capalaba practice. Duties will include immunisations, wound care, ECG, spirometry, triage, Care Plans and Health Assessments, plus assisting GPs in minor procedures, sterilisation etc. Hours are flexible with a minimum of 3 days per week. No weekend work. If interested please send your CV to [doctorsatredlands@gmail.com](mailto:doctorsatredlands@gmail.com) or call Dagmara Walker at **3823 2444**

### Registered Nurse – Underwood (Posted 27 February)

Top Health Doctors is a modern GP clinic and Skin Cancer clinic group. We are looking for a motivated Registered Nurse to join our friendly and supportive team. Minimum 2 years all aspects of general practice nursing required. Experience with Best Practice software preferred and ability to assist with reception duties. Casual position with average 3-4 shifts per week, extra work when other staff on leave. Flexibility between two practices would be desirable. Please submit your application to [laurelee.thd@gmail.com](mailto:laurelee.thd@gmail.com) or contact Laurelee at **07 3133 0822** for more information.

## OTHER

### Medical Receptionist – Drewvale (Posted 1 March)

Sun Family Practice is seeking a medical receptionist to join our friendly team. We are looking for someone who is committed to provide excellent customer service while maintaining patient confidentiality. Duties and responsibilities: ensure the efficient operation of reception by greeting all patients and assisting with appointments; payments and attending to all phone calls; ensure the highest level of customer service is provided at all times; develop strong and respectful relationships with all staffs, GPs and allied health professionals; and preparation of waiting room and doctor's rooms and ensure the practice remains tidy at all times. If you would like to join our friendly, supportive team, please email your CV to [manager@sunfamilypractice.com.au](mailto:manager@sunfamilypractice.com.au)

### Do you have an unwanted medical bed?

True is looking to partner with the Mt Gravatt Community Centre to provide expert women's health services for the community. A specialist doctor will attend the centre initially once a month to provide free consultations to Medicare card holders. True, Mt Gravatt Community Centre and Brisbane South PHN are all very supportive, but to be able to commence this service a medical bed is required for the clinic. To fit into the space the bed would need to be no larger than 1.35m long x 0.65m wide. If you can assist please contact Sylvia on **0421 679 364**.

# Brisbane South PHN events

For more information: [www.bsphn.org.au/events](http://www.bsphn.org.au/events)

## Health literacy intensive

**Thursday 28 March 2019, 9.00 am – 4.00 pm**

Health practitioners and community workers are invited to attend this workshop on health literacy at The Lion Richlands. This workshop explores health literacy at multiple levels, including strategies and tools to improve client/patient understanding of written and spoken health information. You will also have the opportunity to identify how you can embed organisation-wide health literacy strategies into systems, operations, planning and workforce development.

## Introduction to cancer screening

**Tuesday 2 April 2019, 6.00 pm – 8.30 pm**

This education session will provide primary care nurses with information on national cancer screening programs to enable implementation of preventive health activities in your practice. This is an opportunity for participants to be updated on current bowel, breast and cervical screening guidelines. *This*

*introductory education session is provided through the Practice Nurse Support Program (PNSP) supporting nurses new to general practice and is a recurring session.*

## Residential Aged Care Facilities outbreak management

**Wednesday 3 April 2019, 9.00 am – 1.00 pm**

This interactive education session aims to update nurses and managers who work in residential aged care facilities on how to prepare, identify and respond to influenza and gastroenteritis outbreaks.

## CPR training

**Wednesday 3 April 2019, 6.00 pm – 8.30 pm**

All are invited to CPR Training at the Glen Hotel. The cost is \$55 per person plus an online booking fee. Learning outcomes include DRSABCD Action Plan, managing unconscious casualty, special considerations, cross infection and defibrillator.