

## **5th International Conference on Ageing in a Foreign Land 19-20 June 2019, Adelaide, South Australia**

### **End of Life Matters for Everyone - Rosie Bonnin**

#### Abstract

The issues of ageing, caring, dying and grieving can present unique challenges for CALD communities and having access to reliable information and resources can help support patients, carers and families as well as health and aged care practitioners with making informed decisions. The presentation will outline the role of Caresearch and palliAGED in providing free online evidence-based information, tools and resources and their current Commonwealth funded national Engagement Project which is actively engaging with the community and aged care sectors to inform the development of appropriate and responsive resources. We are all being encouraged to have advanced care plans in place and to talk about what care we would want to receive if we were seriously ill and the care we would want at the end of life. No one wants a guesswork goodbye where relatives and health care providers are left guessing what you may have wanted and knowing there is trustworthy information can help people make the choices and decisions which are right for each individual's unique needs in being enabled to live well until the end of their natural life.