



Self-Directed Learning Packages

Focus

This resource includes a set of three self-directed learning packages designed to assist residential aged care facility staff in better understanding key concepts and issues relevant to implementing a palliative approach in Australian residential aged care.

Key Features

- Within this resource, there is a specific self-directed learning package for:
 - Nurse (Introduction)
 - Nurse (Advanced)
 - Careworker (Introduction)
- The topics and level of content covered in each self-directed learning package reflects its specific target audience.
- Each self-directed learning package uses a case study format to examine key concepts and issues related to the implementation of a palliative approach in residential aged care.

Suggestions for Use in Staff Education and Training¹

1. Designed specifically to support self-directed learning activities using the 'Suiting the Needs' and 'All on the Same Page' educational videos from the PA Toolkit as companion resources.
2. Can be readily adapted for small group learning activities (e.g. either formal or informal 'palliative care interest/skill development groups').
3. Can be used as part of initial staff orientation programs and for ongoing professional development purposes.
4. Can be used by staff educators and trainers to:
 - Identify key topics and structure session plans for education and training activities.
 - Identify prompt/reflective questions for group discussions and develop activities for staff education and training sessions.
 - Update their knowledge prior to delivering education and training sessions.

¹ Refer to the PA Toolkit Training Support Guide for detailed information about how to develop a staff education and training strategy to support the implementation of a facility-wide palliative approach to care in residential aged care settings.