The nurses[HUB]news keeps you in touch with what’s happening. Find out about:

- **Nurses in the Spotlight**: Meg Hegarty
- **Discussion Starter**: Case Study
- **Clinical Uses**: Spirituality
- **EBP**: Understanding Study Design

### What’s new

#### Quick guide to identifying patients for supportive and palliative care
This quick guide to identifying patients for supportive and palliative care has been developed by the NHS and MacMillan Cancer support in the UK to help GPs.

#### The Clinical Ethics Resource
A new web-based Clinical Ethics Resource for NSW health professionals is available.

#### Cancer care for Aboriginal and Torres Strait Islander Peoples
This is an EdCaN resource to develop competencies for Specialist Cancer Nurses when working collaboratively with Indigenous people to redress inequities in the burden of cancer for this population.

#### Nurses Hub and Nurses Views
A new page has been released on Care of the Spirit in the Nurses hub, and new videos are available including Meg Hegarty talking on Spirituality.

#### Self-Care Clinical Practice pages
The Self-Care pages in the Clinical Practice section have been completely rewritten. The two new pages are:

- Self-Care
- Clinician stress and burnout

### Something to read

This article looked at the most commonly used faces pain scales to evaluate their reliability and validity and to compare the scales for preference and utility. They found all four of the reviewed faces pain scales to be adequately supported by psychometric data.

### Somewhere to visit
The Australian Institute of Health and Welfare is a major national agency set up by the Australian Government to provide reliable, regular and relevant information and statistics on Australia’s health and welfare. Recent reports include Lung cancer in Australia and Trends in palliative care in Australian hospitals.

### Did you know?
There is an Australian absolute cardiovascular disease risk calculator developed by the National Vascular Disease Prevention Alliance. It is an example of how online resources are being designed for and used by health consumers.

### Newsletter basics
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