

PCC4U Resource Compendium for Pilot Sites Nov 2005

This Resource Compendium provides a comprehensive compilation of resources relevant to support students' learning in palliative care.

It comprises:

1. Professional Resources
 - 1.1 Textbooks
 - 1.2 Educational Audiovisual Resources
 - 1.3 Electronic Resources
 - 1.4 Guidelines, Policies, Frameworks, Reports
2. Resources from popular culture
 - 2.1 Books / Popular Literature
 - 2.2 Movies / Audiovisual Resources
 - 2.3 Electronic Resources

This compilation is not prescriptive or exhaustive. As new resources are continually becoming available, this Resource Compendium requires constant updating. Participants are asked to suggest additional resources they may have identified.

Textbooks have been rated as follows:

STAR RATING SYSTEM

★ = not recommended ★★ = conditionally recommended ★★★ = favourably recommended ★★★★ = highly recommended

1. Professional Resources

1.1 Textbooks

Author/s	Year	Title	Content / Possible Applications	Source	Search Terms (with "palliative care")	Score
O'Connor, M. & Aranda, S. (eds)	2003	Palliative care nursing - a guide to practice (2nd Edition)	Expands the horizons of palliative care practice, including the development of integrated service delivery models, evidence-based practice and improved patient and family outcomes.	Ausmed	Nursing; models; evidence based practice; outcomes	★ ★ ★ ★
Baird, R.M. & Rosenbaum, S.E.	2003	Caring for the Dying: Critical Issues at the Edge of Life	Examination of the hospice movement, legislative, spiritual, ethicolegal controversies.	Prometheus	hospice; legislation; spiritual care; ethics	★ ★ ★
Buckman, R	1999	A practical guide to communication skills in clinical practice	This is a comprehensive communication skill curriculum, available as either CD-ROMs or videotapes. Topics include basic end of life communication skills. Handling emotions, genetic testing and more.	www.mave.com American Academy of Hospice and Palliative Medicine	communication	★ ★ ★ ★
Clark, D. & Seymour, J.	1999	Reflections on Palliative Care	Drawing on a wide range of causes, as well as their own empirical studies [the authors] offer a set of reflections on the development of palliative care and its place within a wider social context.	Open University Press.	society; ageing; grief; euthanasia; philosophy; policy; service provision	★ ★ ★
Davy, J. & Ellis, S.	2000	Counselling skills in palliative care	Skills based text for health care professionals including but not limited to counsellors.	Open University Press	counselling; grief and bereavement;	★ ★ ★ ★
DeSpelder, L. A., & Strickland, A. L.	2002	The Last Dance: Encountering Death and Dying (6th ed.).	Social perspectives of death and dying.	McGraw-Hill.	society; popular culture;	★ ★ ★ ★
Dickman, A., Littlewood, C. & Varga, J.	2002	The Syringe Driver	The use of continuous subcutaneous infusions in palliative care - for doctors and nurses.	Oxford University Press	Graseby; syringe driver; symptom;	★ ★ ★ ★
Doyle, D., Hanks, G.W.C., Cherny, N. & Calman, K.	2003	The Oxford Textbook of Palliative Medicine (3rd ed)	Definitive textbook on palliative medicine.	Oxford University Press	medicine; symptoms;	★ ★ ★ ★

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Doyle, D. & Jeffrey, D.	2000	Palliative Care in the Home.	A definitive guide on how to provide effective care for people with far-advanced disease...for family doctors and community nurses caring for a patient and relatives at home.	Oxford University Press	home care; domiciliary; community	★ ★ ★
Doyle, D. & Saunders, C.	2002	Volunteers in Hospice and Palliative Care	Practical guidelines for providing volunteer programs.	Oxford University Press	volunteering; program management;	★ ★ ★ ★
Ellershaw, J. & Wilkinson, S.	2003	Care of the Dying: A Pathway to Excellence	Based on the Liverpool Integrated Care Pathway for the Dying Patient.	Oxford University Press	pathway;	★ ★ ★ ★
Faull, C. & Woof, R.	2002	Palliative Care: An Oxford Core Text	Handbook for medical students.	Oxford University Press	medicine;	★ ★ ★ ★
Ferrell, B.R. & Coyle, N.	2001	Textbook of Palliative Nursing	Major textbook for nurses.	Oxford University Press	nursing;	★ ★ ★ ★
Forman, W.B., Kitzes, J.A., Anderson, R.P. & Sheehan, D.K.	2003	Hospice and Palliative Care: Concepts and Practice	Mixture of underpinning philosophy/history and practice issues, including regulatory issues peculiar to USA. Targets newcomers to palliative care practice.	Jones and Bartlett	history; philosophy; practice; regulation; law	★ ★ ★
Glaser, B. G., & Strauss, A. L.	1965	Awareness of Dying.	Significant early research in death and dying.	Aldine Publishing Co.	attitudes; death and dying	★ ★
Glaser, B. G., & Strauss, A. L.	1968	Time for Dying.	Significant early research in death and dying.	Aldine Publishing Co.	attitudes; death and dying	★ ★
Hockey, J., Katz, J. & Small, N.	2001	Grief, Mourning and Death Ritual	This book focuses on what happens after a death has taken place. Drawing on social theory and anthropology, contributors examine responses to death as they occur within the unique set of cultural, social, and historical circumstances which characterises post-war society.	Open University Press	grief; mourning; ritual;	★ ★ ★ ★
Hockley, J. & Clark, D.	2002	Palliative Care for Older People in Care Homes	Multidisciplinary examination of the issues in providing palliative care in residential care facilities.	Open University Press	ageing; geriatric; gerontology; residential aged care;	★ ★ ★ ★

Author/s	Year	Title	Content / Possible Applications	Source	Search Terms (with "palliative care")	Score
Hudson, Rosalie & Richmond, Jennifer	2000	Living, dying, caring - life and death in a nursing home	Written from practical experience, offering reflections on relationships within residential aged care facilities. Particular emphasis on supporting lifestyle choices of residents and the facilitation of death with dignity.	Ausmed	ageing; geriatric; gerontology; residential aged care;	★ ★ ★
Katz, J.M. & Peace, S.M.	2003	End of Life in Care Homes: A Palliative Care Approach	Palliative care for aged people in residential care facilities.	Oxford University Press	ageing; geriatric; gerontology; residential aged care;	★ ★ ★
Kellehear, A.	1999	Health Promoting Palliative Care	Key text on applying health promotion principles and practices to the care of dying people, their carers and families, and the wider community.	Oxford University Press	health promotion; social;	★ ★ ★
Kellehear, A. (ed)	2000	Death and Dying in Australia	This is the first major interdisciplinary, scholarly book on death and dying in Australia.	Oxford University Press	society; popular culture;	★ ★ ★
Kellehear, A.	2005	Caring Cities: Public Health and End of Life Care	A book for practitioners who want to include end of life issues or community development and health promotion ideas in their practice.	Routledge	public health; health promotion; community development;	
Kinzbrunner, B.M., Weinreb, N.J. & Policzer, J.S.	2002	20 Common Problems: End of Life Care	Medical management of symptoms at the end of life; psychological and social issues; ethical dilemmas	McGraw-Hill.	symptoms; psychosocial; ethics	★ ★ ★ ★
Kuebler, K.K. & Esper, P.	2002	Palliative Practices from A-Z for the Bedside Clinician	Skills based text for nursing.	Oncology Nursing Society	nursing; practice; skills	★ ★ ★ ★
Kuhl, D.	2002	What Dying People Want	"David Kuhl has peeled back the cover on the inner experience of living with dying...[this book] synthesizes the wisdom of ancient mythology and insights from depth psychology with real-life perspectives of people living in the long shadow of death...This book has relevance for us all." <i>Ira Byock.</i>	Doubleday	patients; consumers; mythology; psychology;	★ ★ ★

Author/s	Year	Title	Content / Possible Applications	Source	Search Terms (with "palliative care")	Score
Lawton, J.	2000	The Dying Process: Patients' Experience of Palliative Care	Philosophical exploration of the perspectives of dying people.	Routledge	patients; consumers; ethics; philosophy	★ ★ ★
Lipman, A.G., Jackson, K.C. & Tyler, L.S.	2000	Evidence Based Symptom Control in Palliative Care	Systematic reviews and validated clinical practice guidelines for 15 common problems in patients with life limiting disease.	Pharmaceutical Products Press	symptoms; pain; anxiety; delirium; depression, fatigue; nausea; nutrition	★ ★ ★
Lloyd-Williams, M.	2003	Psychosocial Issues in Palliative Care	Evidence based textbook of practice and provision of psychosocial care of the dying.	Oxford University Press	psychosocial; counselling	★ ★ ★ ★
Lugton, Jean	2000	Communicating with dying people and their relatives	Primarily directed to nurses, gives advice on how to break bad news and other effective communication techniques when dealing with patients and their families/friends.	Ausmed	communication; family	★ ★ ★
Lugton, J. & Kindlen, M.	1999	Palliative Care: The Nursing Role	Nursing practice focussed.	Churchill Livingstone	nursing; nursing practice	★ ★ ★ ★
Lynn, J., Schuster, J.L. & Kabcenell, A.	2000	Improving Care for the End of Life	Practical information for palliative care clinical practice.	Oxford University Press		★ ★ ★ ★
Monroe, B. & Oliviere, D.	2003	Patient Participation in Palliative Care: A Voice for the Voiceless	This book addresses key aspects in the provision of patient-centred palliative care and tracks significant developments in user involvement.	Oxford University Press	patients; consumers	★ ★ ★ ★
North West Regional Palliative Care in Remote Communities	1998	Bessie's Story	The target audience for this excellent illustrated book is clearly the general Aboriginal community, its purpose being to inform about palliative care the related service that can support the sick one and their family at home. This is a useful resource for practitioners when communicating with Aboriginal families about palliative care.		indigenous	Not applicable

Author/s	Year	Title	Content / Possible Applications	Source	Search Terms (with "palliative care")	Score
Parker, J. & Aranda, S.	1998	Palliative Care: Explorations and Challenges	Edited text examines multidisciplinary issues confronting palliative care including scope, options for care, controversies, mainstreaming, research, education and practice.	MacLennan and Petty	professional issues	★ ★ ★
Quill, T.E.	2001	Caring for patients at the end of life	Humanistic perspectives on psychosocial, ethical and clinical issues. Emphasis on medical practice.	Oxford University Press.	ethics; philosophy	★ ★ ★
Robbins, M.	1998	Evaluating Palliative Care: Establishing the Evidence Base.	Integrating evidence in palliative care.	Oxford University Press.	evidence based practice; evaluation	★ ★ ★ ★
Rumbold, B.	2002	Spirituality and Palliative Care	This book is shaped by the conviction that palliative care needs to incorporate relevant and informed approaches to spiritual care in order to continue to develop as a holistic, life-affirming discipline.	Oxford University Press	spirituality; religion	★ ★ ★ ★
Sheldon, F.	1997	Psychosocial Palliative Care	Good practice in the care of the dying and bereaved.	Stanley Thornes.	counselling; grief and bereavement	★ ★ ★
Small, N., & Rhodes, P.	2000	Too Ill to Talk? User Involvement and Palliative Care.	Inclusion strategies for user participation in palliative care.	Routledge	patients; consumers; user participation	★ ★ ★ ★
ten Have, H. & Clark, D.	2002	The Ethics of Palliative Care: European Perspectives	This innovative book, with contributions by clinicians, ethicists, philosophers and social scientists, provides the first ever picture of palliative care ethics in the European context.	Open University Press	ethics; philosophy	★ ★ ★
Twycross, R.	1995	Introducing Palliative Care	Book for students and practitioners in palliative care.	Radcliffe	clinical practice	★ ★ ★
Waller, A. & Caroline, N.L.	2000	Handbook of Palliative Care in Cancer	Clinical medical focus on end of life ailments common in advanced cancer.	Butterworth Heinemann	medicine; symptoms; cancer; oncology	★ ★ ★ ★
Watson, M.S. et al.	2005	Oxford Handbook of Palliative Care	Comprehensive handbook for all aspects of palliative care.	Oxford University Press	clinical practice	★ ★ ★ ★

Author/s	Year	Title	Content / Possible Applications	Source	Search Terms (with "palliative care")	Score
Weaver, A. W.	2004	Family Health Promotion during Life-Threatening Illness and at the End of Life. In P. J. Bomar (Ed.), Promoting Health in Families (3rd ed.).	Maintaining family health and wellness when a family member is dying.	Elsevier Inc.	family; health promotion	★ ★ ★
Woodruff, R.	2004	Palliative Medicine	Key Australian book on symptomatic and supportive medical care.	Oxford University Press	medicine; symptoms; supportive care	★ ★ ★ ★
World Health Organisation	2004	The Solid Facts: Palliative Care.	European perspectives on palliative care.	http://www.who.int	Europe; practice	★ ★ ★

1.2 Educational Audiovisual Resources (non-rated)

Author/s	Year	Title	Comment	Source	Search Terms (with "palliative care")
Burge, M.	2000	"What to do when I am dead" 26 mins	Instructions Coral David wrote to her grown children before she died. For nurses, doctors, volunteers, health workers, students, trainers and families. Raises issues such as dying and funeral ceremonies in the home; grieving and minimal intervention; different reactions to grief; how 'outsiders' affect the family dynamics.	Catalogue Number BUR726 Heathcliffe Distributions: www.heathcliffe.com.au	grieving, funerals, family
Burke, V., Oomen, M. & Selkirk, J.	1990	I want to die at home 48 mins	Divorced and living apart from her grown children, Elizabeth discovered she had an incurable cancer. Her strongest wish was to die in the familiar surroundings of home, close to the people she loved. Loyal friends and family shared in her care and steadfastly kept her company throughout this critical period. They alternated shifts so that she would never be without a comforter. Elizabeth's choice to die at home helped mitigate the pain of her untimely death for her survivors. They gave Elizabeth the gift of time and love when she needed it most.	AFI Distribution Ltd South Melbourne	home care; domiciliary; community
Granger-Monsen, M.	1996	Grave words: Tools for Discussing End of Life Choices 25 mins	Appropriate medical educational tool on communication about end of life choices. The balance of humour with serious counsel of the experts ensures the pedagogy is not too heavy handed and would facilitate discussion.	Fanlight Productions. http://scbe.stanford.edu/research/programs/film/	communication; counselling
Hope, L. and King Broadcasting Company		A Fate Worse than death 50 mins	Examines the legal ethical and financial issues related to making treatment decisions at the end of life.	Fanlight Productions fanlight@tiac.net	legal; ethics; financial; social
Kuttner, L.	2004	Making Every Moment Count	Five remarkable young people speak with profound clarity and wisdom about being alive and their approach to death. A unique portrait of how families and professionals can come together to share decision making, address fears of death and provide hope.	Catalogue number NFB 1025 (Heathcliffe Distribution) www.heathcliff.com.au	family; health promotion
Parkes, C.M.	1999	Coping with Loss	Based on book Coping with Loss. Examines a variety of types of loss and the effects of this loss on patients, families and health care professionals. E.g. loss from HIV/AIDS, Amputation, Blindness, Old Age, Alzheimer's disease/Dementia and Parkinson's disease.	Catalogue number JM 602 (Heathcliffe Distribution) www.heathcliff.com.au	loss and grief

Author/s	Year	Title	Comment	Source	Search Terms (with "palliative care")
	?	Conspiracy of Silence: Helping the patient and family live with terminal illness 20 mins	Effective care for terminally ill patients and their families involves education about death and dying. Health care workers often find loving caring families unable to share their fears, worries and strengths. A 'conspiracy of silence' is developed to protect the patient. Through open communication, the health care professional can help patients and families replace fear and distress with spiritual and emotional strength to give life's final stage a sense of peace and meaning.	University of Maryland School of Medicine	death education
	1996	Grown up tears - adults grieving the death of a parent. 28 mins	Explores how adults feel about and cope with loss of a parent. Excellent for professional, training, bereavement groups and ageing studies. Shows that adults grieve deeply the death of their parents. Even though it is expected, it can be as traumatic as the death of a spouse.	Catalogue Number AQU402 (Heathcliffe Distribution) www.heathcliff.com.au	loss and grief; ageing
	?	Heart to heart	Training tool for hospice volunteers, health care professionals and anyone else who wants to learn about key issues in end-of-life care.	Growth House www.growthhouse.org	volunteering; program management
	?	Multicultural video.	A video that describes the key factors and array of multidisciplinary services available for community-based palliative care.	Available in 10 languages from Banksia Palliative Care Service. Email: banksia@banksiapalliativecare.com.au or phone 03 9497 2100	cultural issues
	2003	Palliative care - it's more than just pain control.13mins	Members of a palliative care team explain their role in the care of Kevin and support for his family. Maureen, a Canberra woman whose husband died recently (2002) shares her experience of palliative care and caring for her husband at home.	Palliative Care Australia	multidisciplinary teams
	?	Palliative care for farm families.	Rural GP Dr David Hunt and Rural Palliative Care Nurse Pauline Heath provide valuable input by explaining that the reaction to terminal illness can be quite different in a rural setting compared to a metropolitan area. Farming families are traditionally self sufficient and reluctant to receive help. Terminal illness can impact on the whole rural community socially and economically.	Available for loan from Palliative Care Council of South Australia	rural and remote

Author/s	Year	Title	Comment	Source	Search Terms (with "palliative care")
	1992	Right to decide: life support for the aged 43 mins	Offers a model for discussion about advanced directives. Role modelling for undergraduates and graduate medical education.	Catalogue number FAN316 (Heathcliffe Distribution) www.heathcliff.com.au	ageing; geriatric; gerontology; decision making
	?	The Dying Person. 30mins.	When we are told that we are terminally ill, we are defined, more than ever, by the limits of our bodies. In this program, we meet three women - each diagnosed with a different form of cancer - who handle their limitations in different ways. The role of palliative care is viewed in depth as well as how family relationships change under the pressure of diagnosis.	Marcom Projects www.marcom.com.au Code RWADU2	philosophy; service provision
	1995	To choose no harm 48 mins	Video of two different health care teams meeting to resolve conflicts between the wishes of their patients and the patient's families, and their own judgements.	Catalogue Number FAN343 (Heathcliffe Distribution) www.heathcliff.com.au	decision making; multidisciplinary teams
	1995	Way we die: listening to the terminally ill. 25 mins	Addresses today's focus on treating diseases rather than people. Encourages health care professionals to devise treatment plans in accordance with needs, values and wishes - as human beings in the final stages of their life.	Catalogue number FAN310 (Heathcliffe Distribution) www.heathcliff.com.au	psychosocial; counselling
	?	What is Death? 30mins	Definitions of death have been debated for centuries, depending on culture and the role of the medical profession. In this video, we see how ideas have changed historically and how our newest definitions, like "brain death", may not yet be adequate for encompassing all of death's meanings.	Marcom Projects www.marcom.com.au Code RWADU1	philosophy; culture; decision making

1.3 Electronic Resources (websites and search engines) (non-rated)

Website	Description	Link	Search Terms (with "palliative care")
Caresources	Australian palliative care database	http://www.caresearch.com.au	research
Centre for Grief Education	The Centre for Grief Education is an independent, not for profit organisation which opened in January 1996 and is the largest provider of grief and bereavement education in Australia.	http://www.grief.org.au	grief; mourning; bereavement
Centre for Palliative Care Research and Education	The role of CPCRE is to improve the quality of care provided to palliative care patients, their families and caregivers through the development of research and education.	http://www.cpcrc.com	research; education
Dying Well	Resources for people facing life-limiting illness, their families and their professional caregivers.	http://www.dyingwell.com	dying; consumer; patient; carer; quality of life
Growth House	Growth House, Inc., provides this award-winning portal as your international gateway to resources for life-threatening illness and end of life care. Our primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration. Our search engine gives you access to the Internet's most comprehensive collection of reviewed resources for end-of-life care.	http://www.growthhouse.org	resources; information
International Association for Hospice and Palliative Care	Our mission is to increase the availability and access to high quality hospice and palliative care for patients and families throughout the world. We do this by promoting communication, facilitating and providing education, and by becoming an information resource for patients, professionals, health care providers and policy makers around the world.	http://www.hospicecare.com	dying; consumer; patient; carer; quality of life
Palliative Care Australia	Palliative Care Australia is the National peak body representing the interests of palliative care service providers including anyone with an interest in palliative care both nationally and internationally.	http://www.pallcare.org.au	peak body; strategic direction
Robert Wood Johnson Foundation	The Robert Wood Johnson Foundation seeks to improve the health and health care of all Americans.	http://www.rwjf.org	America; hospice
Promoting Excellence in End of Life Care	Promoting Excellence in End-of-Life Care is dedicated to long-term changes to improve health care for dying people and their families. Through the work of innovative demonstration projects and national workgroups we strive to address particular challenges to existing models of hospice and palliative care.	http://www.promotingexcellence.org/	quality improvement

1.4 Guidelines, Policies, Frameworks, Reports (non-rated)

Organisation	Year	Title	Source / Link
Commonwealth of Australia.	2000	National Palliative Care Strategy: A National Framework for Palliative Care Service Development.	Department of Health and Ageing.
Palliative Care Australia	2003	Palliative Care: Service Provision in Australia - A Planning Guide.	http://www.pallcare.org.au/Portals/9/docs/publications/Planning%20guide%202003.pdf
	2005	A Guide to Palliative Care Service Development - A Population Based Approach	http://www.pallcare.org.au/Portals/9/docs/publications/PCA%20Service%20Provisions.pdf
	2005	Standards for Providing Palliative Care for All Australians	http://www.pallcare.org.au/Portals/9/docs/Standards%20Palliative%20Care.pdf
	2003	Strategic Plan 2003-2006	http://www.pallcare.org.au/Portals/9/docs/publications/Strategic_Plan.pdf
	1998	Principles for the Provision of Bereavement Support	http://www.pallcare.org.au/Portals/9/docs/publications/bereavement.pdf
Centre for Palliative Care Research and Education	2005	Competency Standards for Specialist Palliative Care Nursing Practice.	http://www.cpcrc.com/
Centre for Palliative Care	2000	Guidelines for the Assessment of Bereavement Risk in Family Members of People Receiving Palliative Care	
Sullivan, K. & Associates	2003	National Indigenous Palliative Care Needs Study	

2. Resources from Popular Culture

2.1 Books / Popular Literature

Author/s	Year	Title	Description / Review	Publisher	Keywords
Burdon, A.	2004	The night that follows day: the Australian experience of death.	Feature article.	Australian Geographic.	Australia
Byock, I.	1997	Dying Well - Peace and Possibilities at the End of Life	"The best and most accurate, informative book yet on the death-with-dignity debate and care at the end of life." <i>M. Scott Peck.</i>	Riverhead Books.	quality of life
Cole, R.	1999	Mission of Love	"Roger Cole is a daring man. In one book, he dares to link medical science with spiritual awareness and the wonder of living with the wonder of dying." <i>Paul Wilson.</i>	Lothian	philosophy; spirituality; meaning
De Beauvoire, S.	1965	A very easy death.	Presents a deeply personal view of the role-reversal, grief, regret and anger that so often accompany the walk with a parent to his or her death. Several ethical issues are introduced, including truth-telling in the doctor-patient relationship. The special needs of families during the parental death-watch are nicely articulated in a way that is very useful as a teaching tool.	Pantheon (New York)	caregivers; carers; family; ethics
de Hennezel, M.	1997	Intimate Death: How the Dying Teach Us How to Live	"Of all of the books I have read about the endings of our lives, this elegiac testimony has taught me the most." <i>Sherwin B. Nuland.</i>	Vintage	philosophy; spirituality; meaning
Kellehear, A.	2000	Eternity and Me	"This is a book...[which is] a constant reminder that in spite of our modern and often lonely experience of death or loss - life, hope and meaning are still everlasting things."	Hill of Content	philosophy; spirituality; meaning

Author/s	Year	Title	Description / Review	Source	Keywords
Kellehear, A. & Ritchie, D. (eds)	2003	Seven Dying Australians	This book is based on interviews with seven Australians from different backgrounds, with different views, who are facing death. They are people who are compelled to honesty - and to contemplating the ultimate meaning of human existence. Thus is a great book for anyone who works with those experiencing grief and loss.	Innovative Resources (St Luke's Care)	dying; patients' stories
Kubler-Ross, E.	1969	On Death and Dying.	Seminal text	Tavistock	dying; patient's stories
Kubler-Ross, E.	1997	The Wheel of Life: A Memoir of Living and Dying	Traces the events that shaped the author intellectually and spiritually and inevitably led her to explain her ultimate truth - that death does not exist but is a transformation.	Scribner	spirituality; meaning
Kubler-Ross, E. & Kessler, D.	2000	Life Lessons	"This is a thought-provoking book...it is insightful, inspirational, intelligent, soothing, emotive and informative about our seemingly arbitrary existence." <i>Patricia Devine</i> .	Touchstone	reflection; autobiography
Oldfield, D.	2000	Winnowing. Midway Centre for Creative Imagination	This is a book for people who have lived a long time and need - for their own sake, and for the sake of others - to reflect on what they have learned and discovered along the way. Oldfield's guide to a very personal and spiritual journey is equally useful to the dying and their loved ones. Available free from www.midwaycenter.com		reflection; spirituality
Smith, D.C.	1997	Caregiving: Hospice-Proven Techniques for Healing Body and Soul	Book on ways to improve the quality of compassionate care for people who are dying. Overall, the book is a remarkable achievement with a blend of 'how-to' material held together within and ethical framework.	growthhouse.org	caregivers; carers; family

2.2 Movies / Audiovisual Resources

Title	Year	Description
My Life Without Me	2003	Ann is 23 and doing it tough. Working as a night cleaner at a local university she lives with her two young children and unemployed husband on her mother's property. Ann's life is happy enough but uneventful until she is told she has two months to live. Ann chooses to not only keep this devastating news a secret but she also decides to live completely "in the moment" for the first time ever. Sarah Polley, Amanda Plummer
Shadowlands	1994	CS Lewis is the author of the Narnia Books - The Lion, The Witch and the Wardrobe. Known as Jack, he teaches at an Oxford College during the 1930's. An American fan, joy Gresham, arrives to meet him for tea in Oxford. It is the beginning of a love affair. Tragically Joy becomes terminally unwell and their love becomes complicated. Anthony Hopkins, Debra Winger
Tuesdays with Morrie	2002	Mitch Albom had that second chance. He rediscovered Morrie in the last month's of the older man's life. Knowing he was dying, Mitch visited with Morrie in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final "class": lessons on how to live.

2.3 Electronic Resources

Website	Description	Link	Search Terms (with "palliative care")
Sociology of Death and Dying	M. Kearl's website	http://www.trinity.edu/~mkearl/death.html	Society; grief; loss; hospice
Therapeutic Guidelines Ltd.	Therapeutic Guidelines Limited is an independent not-for-profit organisation dedicated to deriving guidelines for therapy from the latest world literature, interpreted and distilled by Australia's most eminent and respected experts. Available in hard copy in some libraries (latest version 2005) or electronically by subscription.	http://www.tg.com.au/ Select <i>Therapeutic Guidelines</i> then <i>Palliative Care</i>	