

CareSearch Project		Research Studies Register: Registration Proforma		0051			
Study Title: Improving the psychological wellbeing of family caregivers of home based palliative care patients: a randomised controlled trial.							
Brief description of the study: Family caregivers want information that prepares them for .what is involved in supporting a dying relative, on how to provide patient comfort, practical needs and strategies to minimize their own psychological burden. Our study specifically responds to these identified needs by evaluating a home based intervention that aims to enhance the psychological well-being of family caregivers. Family caregivers will receive two home visits from a palliative care nurse, written resources and phone support. A care plan will be developed in partnership with the local palliative care service. The project will be evaluated using a randomized controlled trial.							
Study Methodology: (Please mark with an x which type of study methodology)							
	Epidemiology						
X	Health Services / Health Economics / Quality Improvement						
	Qualitative, Observational or Descriptive						
	Mixed Method						
	Systematic Review						
	Intervention: RCT						
	Intervention: Comparative or cohort study						
	Intervention: Case series						
Project details							
Funding source (Optional): National Health and Medical Research Council							
Has the study received ethics approval?		X	Yes		No		Not applicable
Project starting date: January 2008							
Project completion date: January 2011							
Multi site:		X	Yes		No		Not applicable
RESEARCHERS							
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Investigator B (Name)		Prof Tom Trauer					
Investigator C (Name)		Prof Brian Kelly					
Investigator D (Name)		A/Prof Lynn Oldham					
Investigator E (Name)							
Associated publications / reports:							
Topics: Caregivers, Settings of Palliative Care							