

## CNIN: CareSearch-Nurses Information Newsletter April 2010

Welcome to the April 2010 edition of CNIN (CareSearch Nurses Information Newsletter).

### **Share your knowledge for International Nurses Day**

[International Nurses Day](#) will be celebrated on 12 May 2010. Nurses are a vital part of the palliative care team providing care to patients and their families. We would like to invite palliative care nurses to share their knowledge with newcomers to this area. In 150 words tell us what you'd like to share with the next generation of nurses working in palliative care. We'd like to include all the stories in the Nurses Hub which will be released later this year. The two best entries will each win a prize of books and chocolates and be published in the May CNIN edition. Email your short piece to [caresearch@flinders.edu.au](mailto:caresearch@flinders.edu.au) by 1 May 2010 to share your knowledge and have a chance to win the prizes.

This month's issue includes:

- Clinical Uses: Constipation
- Evidence Based Practice: Health Literacy
- CareSearch Page Profile: Acronyms and Abbreviations
- Registering for CNIN
- Ordering CareSearch materials.

*Please note: We have not attached copies of these documents. Clicking on the links will take you to the documents on CareSearch which you can read online, save to your computer or print.*

*Clinical Uses:* Constipation is a common problem, is frequently underestimated as a cause of other symptoms, and can manifest itself in different ways. [More...](#)

*Evidence Based Practice:* Health literacy is a fundamental skill that enables people to maintain good health and make informed health choices. [More...](#)

*CareSearch Page Profile:* Palliative Care as with many other areas within health has its own 'language'. [More...](#)

### *Registering for CNIN*

You can register to receive the CNIN newsletter by going to the registration page at <http://www.caresearch.com.au/caresearch/Home/Registration/tabid/754/Default.aspx>

If you are not able to access the internet at work, please email your details to [caresearch@flinders.edu.au](mailto:caresearch@flinders.edu.au)

If you would like to unsubscribe please send an email to [caresearch@flinders.edu.au](mailto:caresearch@flinders.edu.au) with Remove from CNIN in the subject line.

### *Making others aware*

Please feel free to forward this email to other nurses and staff. You can also encourage them to register for the newsletter and have it emailed to them.

You can help build an understanding of evidence in palliative care. Print off the newsletter and web documents for colleagues who don't have access to the internet. Leave a copy in the tea room. Share a page or journal article on a clinical matter. Show a colleague how to search for literature.

### *Ordering CareSearch materials*

There are a number of brochures, bookmarks and items that promote the website and its resources.

You can give these to patients and their family or to other health professionals. There is also an order form so that you can have materials posted to you. [More...](#)

### *Newsletter Feedback and Ideas*

Please let us know if there are particular clinical scenarios you'd like us to summarise the relevant resources that are available in CareSearch. Is there something about evidence based practice you'd like us to prepare a background on? Send us your suggestions for topics. We'd also welcome comments, suggestions and ideas so please feel free to send us an email.

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CareSearch is an online resource funded by the Department of Health and Ageing to help clinicians find relevant evidence about palliative care. Available now at [www.caresearch.com.au](http://www.caresearch.com.au)