

CLINICAL USES: FATIGUE (CNIN FEB 2009)

- Many patients suffer from fatigue which affects their capacity to cope with and participate in daily life.
- Is there any evidence to help in managing fatigue?

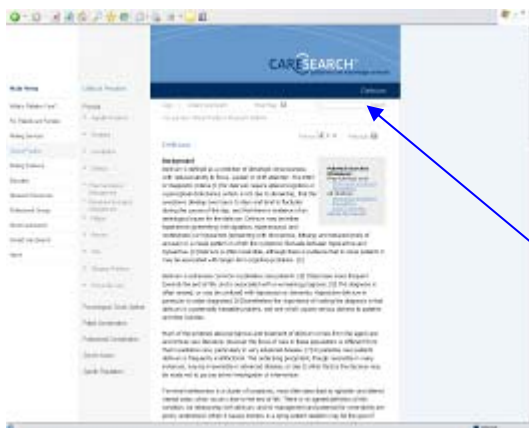


Fatigue is an extremely common problem amongst palliative care patients. Studies suggest around half of patients with advanced diseases may suffer from fatigue and it is likely that the presence and intensity increases as the disease progresses.

Fatigue is one of the symptom pages included in the [Clinical Practice](#) section of CareSearch. The [Fatigue page](#) provides an overview of evidence relating to fatigue and implications for practice.

You can also find out more about fatigue by using some Finding Evidence resources. They are:

- [Fatigue PubMed Search Topic](#): Automatically runs a search in PubMed for literature relevant to fatigue and palliative patients by using the palliative care filter. Running the search identifies 442 items relating to fatigue. You can run the search with a free full text limit and/or a highest level of evidence limit.
- [Review Collection Fatigue](#): The CareSearch Review Collection includes citation details for systematic reviews relevant to fatigue. There are currently 16 reviews relating to fatigue included in this collection. New reviews are harvested from the literature on an ongoing basis.



If you are not sure where to find information in the website you can use the search box. This is located in the top right hand area just below the coloured banners. The search box is found on every page in the website.

Type in a single word such as “fatigue.” Then click on search. It will bring up a list of pages within the website that include fatigue within them.

Search box

CareSearch is an online resource funded by the Department of Health and Ageing to help clinicians and consumers find relevant evidence about palliative care. Available now at www.caresearch.com.au