

## CNIN: CareSearch-Nurses Information Newsletter February 2009

Welcome to the February 2009 edition of CNIN (CareSearch Nurses Information Newsletter).

This month's issue includes:

- Clinical Uses: Fatigue
- Evidence Based Practice: What's special about a Randomised Controlled Trial?
- CareSearch Page Profile: Indigenous Resources
- CNIN Advisory Group
- Registering for CNIN
- Ordering CareSearch materials.

*Please note: We have not attached copies of these documents. Clicking on the links will take you to the documents on CareSearch which you can read online, save to your computer or print.*

### *Clinical Uses: Fatigue*

Fatigue is extremely common in palliative care patients. It is often distressing for patients preventing them from doing the things they would like to. Is there any evidence that can help? [More...](#)

### *Evidence Based Practice: What's special about a randomised controlled trial?*

Randomised controlled trials or RCTs are generally regarded as the study design that provides the best level of evidence for effectiveness. What do people mean when they talk about an RCT? [More...](#)

### *CareSearch Page Profile: Indigenous Resources*

Aboriginal and Torres Strait Islander people are a diverse group of peoples, made up of many different nations and language groups. Accessing quality resources can help professionals in providing culturally appropriate care. [More...](#)

### *Newsletter Feedback and Ideas*

Please let us know if there are particular clinical scenarios or evidence based practice topics you think would be useful. We'd also welcome comments, suggestions and ideas so please feel free to send us an email.

### *CNIN Advisory Group*

Feedback about the CNIN newsletter has been very positive. To help continue to produce newsletters that meet the need of nurses who are providing care for those who have life limiting illnesses and are approaching the end of life, we've set up a small advisory group of nurses. Rosemary Cooper (PCNA), Wendy Jansen (palliative nurse and NICS Fellow), Katy Bennett (Community nurse) and Meg Hegarty (Lecturer) have kindly agreed to help us to develop the newsletter.

*Registering for CNIN*

You can register to receive the CNIN newsletter by going to the registration page at <http://www.caresearch.com.au/caresearch/Home/Registration/tabid/754/Default.aspx>

If you are not able to access the internet at work, please email your details to [caresearch@flinders.edu.au](mailto:caresearch@flinders.edu.au)

If you would like to unsubscribe please send an email to [caresearch@flinders.edu.au](mailto:caresearch@flinders.edu.au) with Remove from CNIN in the subject line.

Please feel free to forward this email to other nurses and staff. You could also print off the email and web documents for colleagues who don't have access to the internet.

*Ordering CareSearch materials*

There are a number of brochures, bookmarks and items that you can order. You can give these to patients and their family or to other health professionals. [More...](#)

From the CareSearch Project Team  
CareSearch *palliative care knowledge network*  
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CareSearch is an online resource funded by the Department of Health and Ageing to help clinicians find relevant evidence about palliative care. Available now at [www.caresearch.com.au](http://www.caresearch.com.au)