



From the Website

CNIN: CareSearch Nurses Information Newsletter Resources

Some of the sheets being produced for CNIN may also be helpful for training or in-service workshops. The CNIN Using CareSearch Sheets help staff learn how to find information within CareSearch on particular clinical matters. The Information Sheets provide a quick introduction to topics in evidence based practice. You can find these sheets on the [CNIN page](#).

CareSearch Review Collection

Citations for over twenty systematic reviews have been added to the CareSearch Review Collection in October.

For example:

- > Bausewein C, Booth S, Gysels M, Higginson IJ. [Non-pharmacological interventions for breathlessness in advanced stages of malignant and non-malignant diseases](#). Cochrane Database of Systematic Reviews 2008, Issue 2. Art. No.: CD005623. DOI: 10.1002/14651858.CD005623.pub2
The authors concluded that breathing training, walking aids, NMES and CWW appear to be effective non-pharmacological interventions for relieving breathlessness in advanced stages of disease.
- > Block KI, Koch AC, Mead MN, Toth PK, Newman RA, Gyllenhaal C. [Impact of antioxidant supplementation on chemotherapeutic toxicity: a systematic review of the evidence from randomized controlled trials](#). Int J Cancer. 2008 Sep 15; 123(6):1227-39.
The authors conclusion was that antioxidant supplementation during chemotherapy holds potential for reducing dose-limiting toxicities.

What's New in the Palliative Care Community?

Medication Management in Residential Aged Care Website

The NPS has produced a site that provides access to resources and tools related to medication management. It is designed for registered nurses working in residential aged care. Resources and tools have been reviewed to assess their usefulness.

Movement from Hospital to Residential Aged Care

A new report from AIHW indicates that more older people are being newly admitted to permanent residential aged care from hospitals than from the community. Receiving palliative care prior to hospital discharge may also increase the likelihood of aged care placement.

Annual Evidence Updates

The NHS Specialist Libraries produce annual evidence updates. An [annual evidence update COPD](#) has been prepared. An [update for supportive and palliative care in chronic lung disease](#) was also prepared.

PCA Key Reference Documents

PCA has produced a set of documents relating to their activities and directions. They include:

- > [Annual Report 2007 - 2008](#)
- > [Strategic Plan 2008 - 2011](#)
- > [PCA Glossary](#)

Withdrawing from Dialysis Treatment

The Renal Resource Centre has produced a booklet about the most commonly asked questions regarding withdrawing from dialysis.

Home Care in Europe. The Solid Facts

The World Health Organization's Regional Office for Europe has produced a booklet presenting evidence for health policy-makers about the processes and evidence for effectiveness of home care for disabled and older people.

Organ and Tissue Donation in Australia

A new web based learning program titled "The facts about organ and tissue donation" is available through PriMed. This program was developed in partnership with Queensland Health and was funded by the Australian Department of Health and Ageing. It is free to health professionals.

Specialist Certificate in Palliative Care

The Centre for Palliative Care Education and Research at St Vincent's Hospital has released dates for the Specialist Certificate in Palliative Care units in 2009.

You can find out more about what is happening in the palliative care community by checking "What's New" at <http://www.caresearch.com.au/caresearch/AboutCareSearch/News/WhatsNewintheCommunity/tabid/167/Default.aspx>

HOW DO YOU USE CARESEARCH?

We're collecting information of various kinds as part of the evaluation program for CareSearch. This will be presented to the Management Group early next year. We're interested in examples of how people have used CareSearch or information from CareSearch within their services and in their clinical practice. For example a nurse contacted us to ask if she could use the CNIN dyspnoea information sheet for a staff in-service session. She also mentioned in passing that she had used the CareSearch Review Collection to help her in her own postgraduate studies in bereavement. These stories can be a powerful indication of how information and resources can make a difference. You would not be identified in any reports. If you can provide us with an example, please email us at caresearch@flinders.edu.au or ring Natasha on 08 8275 2817.

CONFERENCES

Conference: 3rd Australian Conference on Spirituality & Health

Date: July 13-15 2009

Location: Adelaide, South Australia

Conference: 4th International Conference on Community Health Nursing Research

Date: August 16-20 2009

Location: Adelaide South Australia

Conference: Rural Health The Place To Be, 10th National Rural Health Conference

Date: May 17-20 2009

Location: Cairns, Queensland, Australia

This is just a small selection of the 2009 conferences listed on CareSearch.

Details on these and other conferences in 2008, 2009 and 2010 can be found on the Conferences page.

<http://www.caresearch.com.au/caresearch/Education/Conferences/tabid/74/Default.aspx>

PROMOTIONAL MATERIALS

We recently distributed copies of a wall planner for 2009 to all specialist palliative care services. The wall planners are not only a handy way to organise the coming year but remind staff of the many resources available within CareSearch that can help them in day to day practice.

You can view available resources on the website and download an order form.

<http://www.caresearch.com.au/caresearch/AboutCareSearch/ProjectResources/PromotionalResources/tabid/433/Default.aspx>

All enquiries regarding our promotional materials can be directed to

Natasha Schembri via email at

natasha.schembri@flinders.edu.au

January Newsletter

The next newsletter will be circulated on the first Wednesday in January.

If you have any item you would like considered for inclusion please send details one week prior to the circulation date to

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